

## Westfields Female Records as at 26/05/2024

**Due to the Covid cancellation of the Schools CHS season in 2020, 2021 the following dispensation has been allowed.**  
Under normal circumstances performances at non-school based meetings are only considered for Club records (not School records). However, with the cancellation of most school meets during 2020 and 2021 there has been a reduced number of opportunities to break School records. Therefore, for these two years (and any subsequent periods of cancellation) performances from club-based meetings will be considered for school records and denoted with 'SRC' (School Record during Covid restrictions)

<b>Womens</b>	<b>60 metres</b>				
11 years	Evanjaline McGoon	Treloar Shield no. 1, SOPAC	2022	Club rec	9.00
12 years	Zoe Sarriss	Illawong High Velocity, Barden Ridge	2020	School rec (SRC)	8.85
12 years	Ruby Kernaghan	Treloar Shield no.4, SOPAC	2022	Club rec	8.53
13 years	Aleksandra Stoilova	Treloar Shield, SOPAC	2018	Club rec	7.86
14 years	Aleksandra Stoilova	NSW Nitro, SOPAC	2019	Schools/Club rec	7.59w (2.4)
15 years	Shola Adeniran	NSW Nitro, SOPAC	2019	School rec	7.63
15 years	Aleksandra Stoilova	Campbelltown Interclub, Camp. Stad.	2020	School rec (SRC)	7.62
15 years	Aleksandra Stoilova	Campbelltown Interclub, Camp. Stad.	2020	Club rec	7.62
16 years	Aleksandra Stoilova	NSW 60m Champs, Kerry McCann	2021	School rec (SRC)	7.52
16 years	Aleksandra Stoilova	NSW 60m Champs, Kerry McCann	2021	Club rec	7.52
17 years	Shola Adeniran	NSW 60m Champs, Kerry McCann	2021	School rec (SRC)	7.49
17 years	Aleksandra Stoilova	NSW 60m Champs, SOPAC	2021	Club rec	7.41
Junior U20	Aleksandra Stoilova	NSW 60m Champs, SOPAC	2021	Club rec	7.41
Open	Aleksandra Stoilova	NSW 60m Champs, SOPAC	2021	Club rec	7.41
<b>Womens</b>	<b>100 yards</b>				
	Aleksandra Stoilova	NSW Open Champs, SOPAC	2021	Club rec	10.97
<b>Womens</b>	<b>100 metres</b>				
11 years	Evanjaline McGoon	Illawong High Velocity, Barden Ridge	2022	Club rec	14.13
12 years	Karen Thach	NSW All Schools, SOPAC	2007	School rec	13.32
	Faye Ihnativ	ACT Champs, Canberra	1993	Club rec	13.23
13 years	Shola Adeniran	Australian All Schools, Adelaide	2017	School rec	12.28
	Shola Adeniran	Australian All Schools, Adelaide	2017	Club rec	12.28
14 years	Aleksandra Stoilova	Australian All Schools, Perth	2019	School rec	12.05
	Aleksandra Stoilova	Australian All Schools, Perth	2019	Club rec	12.05
	Aleksandra Stoilova	Australian All Schools, Perth	2019	School & club	11.85w (4.0)
15 years	Shola Adeniran	Australian All Schools, Perth	2019	School rec	11.92
	Aleksandra Stoilova	NSW Club Champs, SOPAC W/U	2020	Club rec	11.90
	Aleksandra Stoilova	NSW Club Champs, SOPAC W/U	2020	NSW All.Sch.Meet	11.81
	Aleksandra Stoilova	NSW All Schools, SOPAC	2020	School& club	11.81w (2.2)
16 years	Shola Adeniran	NSW All Schools, SOPAC	2020	School rec	11.80
	Shola Adeniran	NSW All Schools, SOPAC	2020	Club rec	11.80
	Aleksandra Stoilova	Illawong High Vel. 4, Barden Ridge	2021	School rec (SRC)	11.72 w (3.0)
	Aleksandra Stoilova	Illawong High Vel. 4, Barden Ridge	2021	Club rec	11.72 w (3.0)
17 years	Aleksandra Stoilova	Australian All Schools, Adelaide	2022	School rec	11.60
	Aleksandra Stoilova	Australian All Schools, Adelaide	2022	Club rec	11.60
Junior U20	Aleksandra Stoilova	Australian All Schools, Adelaide	2022	School rec	11.60
	Aleksandra Stoilova	Australian All Schools, Adelaide	2022	Club rec	11.60
Open	Aleksandra Stoilova	Australian All Schools, Adelaide	2022	School rec	11.60
	Aleksandra Stoilova	Austin, USA	2024	Club rec	11.36
<b>Womens</b>	<b>150 metres</b>				
14 years	Aleksandra Stoilova	NSW Nitro, SOPAC	2019	School/club rec	18.68
<b>Wornens</b>	<b>200 metres</b>				
11 years	Evanjaline McGoon	Treloar Shield no. 1, SOPAC	2022	Club rec	31.20
12 years	Helen McMillan	NSW All Schools, ES Marks	1993	School rec	27.20
	Ruby Kernaghan	Treloar Shield no. 3, SOPAC	2022	Club rec	26.99
13 years	Aleksandra Stoilova	Australian All Schools, Cairns	2018	School rec	25.14
	Aleksandra Stoilova	Australian All Schools, Cairns	2018	Club rec	25.14
14 years	Aleksandra Stoilova	NSW CHS, SOPAC	2019	School rec	25.19

	Aleksandra Stoilova	Australian Juniors, SOPAC	2019	Club rec	25.06
	Aleksandra Stoilova	NSW All Schools, SOPAC	2019	School/Club rec	24.74w
15 years	Hayley Cameron	Aust. All Schools, SIAC	1999	School rec	24.98
	Hayley Cameron	Aust. All Schools, SIAC	1999	Club rec	24.98
16 years	Cara Berry	NSW All Schools, SOPAC	2005	School rec	25.51
	Hayley Cameron	Interclub, The Crest	2000	Club rec	25.2
17 years	Aleksandra Stoilova	Australian All Schools, Adelaide	2022	School rec	25.12
	Aleksandra Stoilova	Australian All Schools, Adelaide	2022	Club rec	25.12
18 years	Destiny McGoon	NSW All Schools, SOPAC	2023	School rec	25.64
18 years	Destiny McGoon	NSW All Schools, SOPAC	2023	Club rec	25.64
Junior U20	Hayley Cameron	Aust. All Schools, SIAC	1999	School rec	24.98
Junior U20	Hayley Cameron	Aust. All Schools, SIAC	1999	Club rec	24.98
Vet	Heather Ihnativ	World Masters, Brisbane	1994	Club rec	26.1
Open	Hayley Butler (nee Cameron)	All Comers, SOPAC	2009	Club rec	23.73
<b>Women's</b>	<b>300 metres</b>				
15 years	Destiny McGoon	Campbelltown Interclub, Camp. Stad.	2020	School rec (SRC)	42.81
15 years	Destiny McGoon	Campbelltown Interclub, Camp. Stad.	2020	Club rec	42.81
<b>Womens</b>	<b>400 metres</b>				
11 years	Alexia Mathison	Treloar Shield Final, SOPAC	2022	Club rec	68.98
12 years	Faye Ihnativ	NSW All Schools, ES Marks	1992	School rec	64.4
	Ruby Kernaghan	Treloar Shield Final, SOPAC	2022	Club rec	60.40
13 years	Tammy Siemionow	Pacific Schools Trials, SAF	1992	School rec	57.6
	Ruby Kernaghan	Australian Junior Champs, QSAC	2023	Club rec	57.70
14 years	Lisa Skuse	Aust. All Schools, Canberra	1993	School rec	57.11
	Ruby Kernaghan	Australian Juniors, Adelaide	2024	Club rec	57.91
	Eliza Barton	Premiership, Bankstown	2007	Club rec	59.5
15 years	Destiny McGoon	NSW All Schools, SOPAC	2020	School rec	58.18
	Tammy Siemionow	Interdistrict, ES Marks	1993	Club rec	58.13
16 years	Ava Honore	NSW All Schools, SOPAC	2020	School rec	57.89
	Tammy Siemionow	Interdistrict, SIAC	1995	Club rec	57.5
17 years	Corinne Archer	NSW CHS, SAC	2002	School rec	57.55
	Corinne Archer	NSW CHS, SAC	2002	Club rec	57.55
Open	Tammy Siemionow	Interdistrict, SIAC	1995	Club rec	57.5
<b>Womens</b>	<b>800 metres</b>				
11 years	Erin Cassilles	Treloar Shield no. 6, SOPAC	2022	Club rec	2.46.07
12 years	Christie Harrison	Aust. Schools KO, Canberra	1998	School rec	2.23.96
	Christie Harrison	Aust. Schools KO, Canberra	1998	Club rec	2.23.96
13 years	Christie Harrison	Aust. All Schools, SIAC	1999	School rec	2.16.62
	Christie Harrison	Aust. All Schools, SIAC	1999	Club rec	2.16.62
14 years	Lisa Skuse	Aust All Schools, Canberra	1993	School rec	2.11.18
	Eliza Barton	Aust All Schools, SOPAC	2007	Club rec	2.16.24
15 years	Suzy Harrison	NSW All Schools, ES Marks	1991	School rec	2.16.7
	Alexandra Kerr	NSW Open Champs, SOPAC	2013	Club rec	2.11.82
16 years	Shannon Hill	Aust. All Schools, SIAC	1999	School rec	2.14.56
	Ava Honore	Albie Thomas, The Crest	2020	Club rec	2.09.88
17 years	Shannon Hill	SSW Area, Campbelltown	2000	School rec	2.11.7
	Shannon Hill	SSW Area, Campbelltown	2000	Club rec	2.11.7
18 years	Shannon Hill	NSW CHS, SAC	2001	School rec	2.15.00
	Bianca Grimaldi	NSW Open Champs, SOPAC	2014	Club rec	2.10.54
Open	Ava Honore	Albie Thomas, The Crest	2020	Club rec	2.09.88
<b>Womens</b>	<b>1000 metres</b>				
15 years	Ava Honore	NSW Nitro, SOPAC	2019	School/club rec	3.03.54
<b>Womens</b>	<b>1500 metres</b>				
11 years	Erin Cassilles	Treloar Shield no. 1, SOPAC	2022	Club rec	5.42.10
12 years	Christie Harrison	NSW All Schools, SIAC	1998	School rec	5.01.45
	Christie Harrison	NSW All Schools, SIAC	1998	Club rec	5.01.45
13 years	Christie Harrison	Aust. Schools K.O., SIAC	1999	School rec	4.51.71

	Christie Harrison	Aust. Schools K.O., SIAC	1999	Club rec	4.51.71
14 years	Eliza Barton	Premiership, SOPAC	2007	School rec	4.43.67
	Shannon Hill	Aust. U/16 Champs, Adelaide	1998	Club rec	4.39.92
15 years	Suzy Harrison	Olympic Dream, Melbourne	1991	School rec	4.29.2
	Shannon Hill	NSW CHS, SIAC	1998	Club rec	4.42.6
16 years	Ava Honore	NSW All Schools, SOPAC	2020	School rec	4.35.67
	Shannon Hill	Aust. U/18 Champs, Perth	1999	Club rec	4.33.80
17 years	Shannon Hill	Pacific Schools Games, SIAC	2000	School rec	4.30.64
	Shannon Hill	Pacific Schools Games, SIAC	2000	Club rec	4.30.64
18 years	Shannon Hill	Aust. All Schools, Melbourne	2001	School rec	4.56.70
	Shannon Hill	Aust. All Schools, Melbourne	2001	School rec	4.56.70
Open	Shannon Hill	Pacific Schools Games, SIAC	2000	Club rec	4.30.64
<b>Womens 2000 metres</b>					
13 years	Lilly Twigden	NSW Milers, The Crest	2023	Club rec	8.20.95
14 years	Isabella Muc	NSW Milers, The Crest	2023	Club rec	6.58.55
<b>Womens 3000 metres</b>					
11 years	Erin Cassilles	NSW 3000m Champs, SOPAC	2022	Club rec	13.01.70
12 years	Christie Harrison	NSW All Schools, SIAC	1998	School rec	11.33.28
	Annaleise Barton	NSW 3000m Champs, SOPAC	2008	Club rec	10.58.48
13 years	Annaleise Barton	NSW CHS, SOPAC	2009	School rec	10.36.75
	Annaleise Barton	NSW CHS, SOPAC	2009	School rec	10.36.75
14 years	Shannon Hill	Aust. All Schools, Hobart	1997	School rec	10.17.59
	Shannon Hill	Aust. U/16 Champs, Adelaide	1998	Club rec	10.15.73
15 years	Shannon Hill	Aust. All Schools, Canberra	1998	School rec	10.33.52
	Shannon Hill	Aust. All Schools, Canberra	1998	Club rec	10.33.52
16 years	Shannon Hill	Aust. All Schools, SIAC	1999	School rec	10.15.98
	Shannon Hill	Aust. U/18 Champs, Perth	1999	Club rec	9.57.11
17 years	Shannon Hill	NSW All Schools, Campbelltown	2000	School rec	9.54.90
	Shannon Hill	NSW All Schools, Campbelltown	2000	Club rec	9.54.90
18 years	Shannon Hill	NSW CHS, SAC	2001	School rec	11.09.70
	Shannon Hill	NSW CHS, SAC	2001	Club rec	11.09.70
Open	Shannon Hill	NSW All Schools, Campbelltown	2000	Club rec	9.54.90
<b>Womens 10000m</b>					
15 years	Ciara Cassilles	NSW 10000m Champs, SOPAC	2022	Club rec	47.10.72
<b>Women's 1 mile</b>					
12 years	Isabella Muc	Albie Thomas Mile, The Crest	2020	Club rec	5.53.96
13 years	Isabella Muc	NSW Milers, The Crest	2021	Club rec	5.45.00
15 years	Zaynab Darwiche	Illawarra Track Classic, K. McCann	2023	Club rec	5.47.42
17 years	Ava Honore	NSW U20 Champs, Kerryn McCann	2021	Club rec	5.20.50
<b>5km Road running</b>					
13 years	Isabella Muc	NSW Road Champs (Sydney 10)	2022	Club rec	20.53.87
<b>10km Road running</b>					
15 years	Ciara Cassilles	NSW Road Champs (Sydney 10)	2022	Club rec	44.50.93
<b>Women's 80m hurdles .76</b>					
11 years	Alexia Mathison	Treloar Shield no. 4, Campbelltown	2022	Club rec	13.87
12 years	Alexia Mathison	NSW All Schools, SOPAC	2023	School rec	12.68
	Alexia Mathison	High Velocity no. 2, Barden Ridge	2023	Club rec	12.63
	Alexia Mathison	NSW CHS Record, SOPAC	2023	State rec	13.14
	Kelly Brunton	NSW CHS, ES Marks	1992	State rec	13.2
	Helen McMillan	NSW CHS, Narrabeen	1993	State rec	13.2
13 years	Krystal Pertel	Aust. All Schools, Melbourne	2001	School rec	12.44
	Alexia Mathison	NSW Juniors, SOPAC	2024	Club rec	12.06
<b>Womens 90m hurdles .76</b>					
14 years	Standard	Aust. All Schools, Brisbane	2004	School rec	13.19
	Standard	Aust. All Schools, Brisbane	2004	Club rec	13.19
15 years	Standard	Aust. All Schools, SOPAC	2005	School rec	13.1
	Standard	Aust. All Schools, SOPAC	2005	Club rec	13.1

	Hayley Cameron	Aust. All Schools, SIAC	1999	School & club	12.89w
<b>Wornens</b>	<b>90 m hurdles .84</b>				
14 years	Hayley Cameron	Aust. All Schools, Canberra	1998	School rec	13.34
	Hayley Cameron	Aust. All Schools, Canberra	1998	Club rec	13.34
15 years	Nicole Hancock	NSW CHS, ES Marks	1991	School rec	14.5
	Hayley Cameron	NSW U/16, SIAC	1999	Club rec	13.67
	Hayley Cameron	Aust. U/16, Perth	1999	Club rec	13.35w
<b>Womens</b>	<b>100 m hurdles .76</b>				
15 years	Hayley Cameron	NSW All Schools, SIAC	1999	School rec	14.47
	Hayley Cameron	NSW All Schools, SIAC	1999	Club rec	14.47
16 years	Candice Morley	NSW All Schools, SOPAC	2004	School rec	14.50
	Candice Morley	NSW All Schools, SOPAC	2004	Club rec	14.50
17 years	Hayley Cameron	NSW CHS, SAC	2001	School rec	14.47
	Hayley Cameron	NSW CHS, SAC	2001	Club rec	14.47
<b>Womens</b>	<b>100 m hurdles .84</b>				
16 years	Vanessa Comerford	Aust All Schools, Canberra	1993	School rec	14.57
	Lauren Hill	NSW All Schools, SIAC	1998	Club rec	16.14
17 years	Lizanne Burrows	NSW CHS, SIAC	1995	School rec	14.85
	Lizanne Burrows	Interdistrict, SIAC	1995	Club rec	14.82
U20	Hayley Cameron	NSW Open Championships, SAC	2003	Club rec	14.67
Open	Hayley Cameron	Australian Open, Perth	2010	Club rec	13.25
<b>Womens</b>	<b>200 m hurdles .76 5 flights</b>				
12 years	Helen McMillan	NSW All Schools, ES Marks	1993	School rec	28.96
	Kelly Brunton	ACT Champs, Canberra	1993	Club rec	30.32
13 years	Amanda Wall	Aust Schools KO, Canberra	1993	School rec	30.35
	Lauren Hill	Aust All Schools, SIAC	1995	Club rec	30.58
	Kylie Wildman	Aust. Schools K.O. SIAC	1999	School & Club	28.33w
14 years	Hayley Cameron	Aust. Schools KO, Canberra	1998	School rec	28.86
	Hayley Cameron	Aust. Schools KO, Canberra	1998	Club rec	28.86
15 years	Haley Willebrands	Aust. Schools KO, Canberra	1998	School rec	31.95
	Haley Willebrands	Aust. Schools KO, Canberra	1998	Club rec	31.95
16 years	Melinda Vidigal	Aust. Schools K.O., Launceston	2002	School rec	30.2
	Melinda Vidigal	Aust. Schools K.O., Launceston	2002	Club rec	30.2
17 years	Corinne Archer	Aust. Schools K.O., Launceston	2002	School rec	28.27
	Corinne Archer	Aust. Schools K.O., Launceston	2002	Club rec	28.27
<b>Womens</b>	<b>200 m hurdles .76 10 flights</b>				
13 years	Kylie Wildman	Aust. All Schools, SIAC	1999	School rec	30.02
	Kylie Wildman	Aust. All Schools, SIAC	1999	Club rec	30.02
14 years	Standard	NSW All Schools, SOPAC	2004	School rec	30.07
	Kylie Wildman	Aust. U18 Champs, Hobart	2000	Club rec	29.23
	Hayley Cameron	NSW All Schools, SIAC	1998	NSW rec	30.73
15 years	Corinne Archer	NSW All Schools, Stadium Australia	2000	School rec	29.52
	Corinne Archer	NSW All Schools, Stadium Australia	2000	Club rec	29.52
<b>Wornens</b>	<b>300 m hurdles .76</b>				
13 years	Lauren Hill	Interdistrict, SIAC	1995	Club rec	49.59
14 years	Lauren Hill	Interdistrict, SIAC	1997	Club rec	47.87
15 years	Lauren Hill	Aust U/16 Champs, Brisbane	1997	Club rec	47.8
16 years	Lauren Hill	Aust All Schools, Hobart	1997	School rec	48.3
	Lauren Hill	Aust All Schools, Hobart	1997	Club rec	48.3
<b>Womens</b>	<b>400 m hurdles .76</b>				
14 years	Lisa Sunnucks	NSW Under 18 Champs, SIAC	2000	Club rec	67.56
15 years	Corinne Archer	Interclub, SAC	2000	Club rec	66.2
16 years	Corinne Archer	NSW CHS, SAC	2001	School rec	67.52
	Corinne Archer	NSW CHS, SAC	2001	Club rec	67.52
17 years	Corinne Archer	NSW CHS, SAC	2002	School rec	64.24
	Corinne Archer	NSW CHS, SAC	2002	Club rec	64.24
18 years	Corinne Archer	NSW CHS, SAC	2003	School rec	63.52

	Corinne Archer	NSW CHS, SAC	2003	NSW CHS rec	63.52
	Corinne Archer	NSW CHS, SAC	2003	Club rec	63.52
Open	Corinne Archer	NSW CHS, SAC	2003	Club rec	63.52
<b>Womens</b>	<b>2000 m Steeple Chase</b>				
12 years	Christie Harrison	Interclub, SIAC	1998	Club rec	8.25.0
13 years	Lisa Sunnucks	Aust All Schools, Canberra	1998	School rec	8.10.44
	Elize Barton	Club Premiership, Campbelltown	2009	Club rec	7.49.67
14 years	Shannon Hill	NSW CHS, SIAC	1997	School rec	7.39.99
	Shannon Hill	Interclub, SIAC	1997	Club rec	7.28.9
15 years	Shannon Hill	NSW All Schools, SIAC	1998	School rec	7.13.82
	Shannon Hill	Interclub, SIAC	1998	Club rec	7.09.0
	Shannon Hill	Interclub, SIAC	1998	NSW U16 rec	7.09.0
16 years	Shannon Hill	Aust. All Schools, SIAC	1999	School rec	7.06.78
	Shannon Hill	Aust. U/18 Champs, Perth	1999	Club rec	6.56.53
17 years	Shannon Hill	Pacific Schools Games, SIAC	2000	School rec	6.47.45
	Shannon Hill	Pacific Schools Games, SIAC	2000	Club rec	6.47.45
18 years	Leanne Golebiowski	NSW CHS, SOPAC	2006	School rec	7.23.86
	Leanne Golebiowski	NSW CHS, SOPAC	2006	Club rec	7.23.86
<b>Womens</b>	<b>3000 m Steeple Chase</b>				
14 years	Shannon Hill	NSW U/20 Champs, SIAC	1998	Club rec	11.40.05
17 years	Shannon Hill	Canberra Grand Prix, Canberra	2000	Club rec	11.16.0
Open	Shannon Hill	Canberra Grand Prix, Canberra	2000	Club rec	11.16.0
<b>Womens</b>	<b>1100 metre walk</b>				
10 years	Ella Van Der Meer	Illawong Walks, Barden Ridge	2021	Club rec	6.36.95
<b>Womens</b>	<b>1500 metre walk</b>				
10 years	Ella Van Der Meer	Illawong Walks, Barden Ridge	2021	Club rec	8.45.44
12 years	Beth Edwards	Westfields Challenge, Westfields	1992	School rec	7.45.0
	Kate Connolly	Interdistrict, SIAC	1996	Club rec	7.31.0
13 years	Kate Farne	Aust All Schools, Canberra	1993	School rec	7.06.15
	Kate Connolly	Aust. U/14 Champs, Brisbane	1997	Club rec	6.51.58
14 years	Kate Connolly	NSW CHS, SIAC	1997	School rec	?.?.?.?
	Kate Connolly	NSWU/14Champ SIAC	1998	Club rec	6.44.11
15 years	Kate Connolly	Aust. All Schools, SIAC	1999	School rec	6.46.17
	Kate Connolly	Aust. U/16 Champs, Perth	1999	Club rec	6.31.45
16 years	Maria Novokmet	Westfields Zone, Westfields	1994	School rec	10.01.62
17 years	Trischa Hancock	Westfields Zone, Wyatt Pk	1992	School rec	10.52.27
<b>Womens</b>	<b>3000 metre Walk</b>				
11 years	Erin Cassilles	Treloar Shield no. 2, SOPAC	2022	Club rec	17.13.93
12 years	Ciara Cassilles	NSW All Schools, SOPAC	2019	School rec	17.28.43
12 years	Erin Cassilles	NSW Junior Championships, SOPAC	2023	Club rec	16.45.37
13 years	Ciara Cassilles	NSW All Schools, SOPAC	2020	School rec	15.27.02
	Ciara Cassilles	NSW All Schools, SOPAC	2020	Club rec	15.27.02
14 years	Milly Boughton	NSW All Schools, SOPAC	2020	School rec	14.03.71
	Milly Boughton	NSW All Schools, SOPAC	2020	Meet rec	14.03.71
	Kate Connolly	Aust. U/18 Champs, Perth	1999	Club rec	14.06.55
15 years	Kate Connolly	Aust. All Schools, SIAC	1999	School rec	14.29.18
	Kate Connolly	Aust. All Schools, SIAC	1998	Club rec	14.29.18
16 years	Kate Connolly	Pacific Schools Games, SIAC	2000	School rec	14.35.86
	Kate Connolly	Pacific Schools Games, SIAC	2000	Club rec	14.35.86
17 years	Kate Connolly	SSW Area, Bankstown	2001	School rec	15.17.50
	Kate Connolly	SSW Area, Bankstown	2001	Club rec	15.17.50
Open	Kate Connolly	Aust. U/18 Champs, Perth	1999	Club rec	14.06.55
<b>Womens</b>	<b>5000 metre Walk</b>				
14 years	Ciara Cassilles	Illawong Walks, Barden Ridge	2021	School rec (SRC)	32.35.76
14 years	Ciara Cassilles	Illawong Walks, Barden Ridge	2021	Club rec	32.35.76
16 years	Kate Connolly	Australian U20 Champs, Stadium Aust.	2000	Club rec	25.13.86

17 years	Kate Connolly	Australian Open & U20 Champs, Brisb.	2001	Club rec	24.34.86
<b>Womens</b>	<b>10000 metre Walk</b>				
15 years	Ciara Cassilles	NSW 10000m Walk Champs, Barden	2022	Club rec	1.07.40.99
16 years	Ciara Cassilles	Australian Junior Champs, QSAC	2023	Club rec	55.33.40
<b>Womens</b>	<b>1500m walk (Out of stadium)</b>				
11 years	Erin Cassilles	NSW Short Walk Champs, Chipping N.	2022	Club rec	8.22.0
<b>Womens</b>	<b>2km walk (Out of Stadium)</b>				
11 years	Erin Cassilles	NSW Long walk Champs, Chipping N.	2022	Club rec	11.14.0
12 years	Sophia Dagher	NSW Short Walk Champs, Leichhardt	2015	Club rec	10.32.0
15 years	Sophia Dagher	All Comers, Bankstown	2018	Club rec	11.05.99
<b>Womens</b>	<b>3km (Out of Stadium)</b>				
13 years	Beth Edwards	Sydney	1993	School rec	16.10.0
<b>Womens</b>	<b>5km (Out of Stadium)</b>				
13 years	Beth Edwards	NSW Road Walk Champs	1993	Club rec	1.00.44.0
15 years	Ciara Cassilles	NSW Long walk Champs, Chipping N.	2022	Club rec	26.45.0
16 years	Kate Connolly	National Road Walks, Melbourne	1999	Club rec	26.15.0
<b>Womens</b>	<b>8km (Out of Stadium)</b>				
15 years	Kate Connolly	NSW Road Walk Champs	1999	Club rec	44.36.0
<b>Womens</b>	<b>10km(Out of Stadium)</b>				
13 years	Beth Edwards	NSW U/20 Road Walk Champs	1993	School rec	28.54.0
<b>Womens</b>	<b>Pole Vault</b>				
12 years	Natalija Pavicevic	NSW All Schools, SOPAC	2015	School rec	1.80
12 years	Natalija Pavicevic	NSW All Schools, SOPAC	2015	Club rec	1.80
13 years	Krystal Pertel	Aust. All Schools, Melbourne	2001	School rec	2.40
	Belinda Gates	Aust U/20, SIAC	1996	Club rec	2.50
14 years	Belinda Gates	Pacific Schools Games, Perth	1996	School rec	3.00
	Belinda Gates	NSW All Schools, SIAC	1996	NSW rec	2.50
	Belinda Gates	Pacific Schools Games, Perth	1996	Club rec	3.00
15 years	Madeline Samson	Aust. All Schools, SAC	2002	School rec	3.20
	Belinda Gates	NSW All Schools, SIAC	1997	NSW rec	3.00
	Belinda Gates	Interclub, SIAC	1997	NSW rec	3.30
16 years	Madeline Samson	Aust. All Schools, Brisbane	2003	School rec	3.20
	Stephanie Langridge	NSW U20 Championships, SOPAC	2008	Club rec	3.30
17 years	Belinda Gates	Interclub, SIAC	1997	NSW rec	3.30
Open	Laura Martino	NSW Open Champs, SOPAC	2018	Club rec	3.40
<b>Womens</b>	<b>High Jump</b>				
11 years	Evanjaline McGoon	Illawong High Velocity, Barden Ridge	2022	Club rec	1.25
12 years	Natalija Pavicevic	Westfields Zone, SOPAC	2015	School rec	1.55
	Audrey Nadaya-Harb	All Comers, SOPAC	2018	Club rec	1.63
13 years	Kim Mulheron	MSW Region, SIAC	1994	School rec	1.67
	Amanda Wall	Aust. U/14 Champs, Hobart	1994	Club rec	1.67
14 years	Kim Mulheron	NSW CHS, SIAC	1995	School rec	1.67
	Stephanie Langridge	NSW All Schools, SOPAC	2005	Club rec	1.66
15 years	Kim Mulheron	NSW Region, SIAC	1996	School rec	1.73
	Taegan Coddington	SSW Area, SIAC	1997	Club rec	1.68
16 years	Amanda Hewes	SSW Area, SIAC	1997	School rec	1.67
	Kristen Truscott	NSW Open Champs, SIAC	1998	Club rec	1.75
17 years	Kristen Truscott	Aust. All Schools, Canberra	1998	School rec	1.76
	Kristen Truscott	Aust. All Schools, Canberra	1998	Club rec	1.76
U20	Kristen Truscott	Optus Grand Prix, Canberra	2000	Club rec	1.81
Open	Kristen Truscott	Optus Grand Prix, Canberra	2000	Club rec	1.81
Open Ind.	Kristen Truscott	West Lafayette, USA	2002	Club rec	1.77
<b>Womens</b>	<b>Long Jump</b>				
11 years	Evajaline McGoon	Treloar Shield Final, SOPAC	2022	Club rec	4.17
	Evajaline McGoon	Treloar Shield no. 2, SOPAC	2022	Club rec	4.31w
12 years	Charlize Monzon	SSW Region, Campbelltown	2018	School rec	4.97
	Charlize Monzon	SSW Region, Campbelltown	2018	School rec	4.97

13 years	Audrey Nadaya-Harb	NSW CHS, SOPAC	2019	School rec	5.43
	Audrey Nadaya-Harb	NSW CHS, SOPAC	2019	School rec	5.43
14 years	Eden Cunningham	Australian All Schools, SOPAC	2007	School rec	5.23
	Eden Cunningham	Australian All Schools, SOPAC	2007	Club rec	5.23
15 years	Candice Morley	Aust. All Schools, Brisbane	2003	School rec	5.54
	Candice Morley	Aust. All Schools, Brisbane	2003	Club rec	5.54
	Candice Morley	NSW All Schools, SAC	2003	School/Club rec	5.53w
16 years	Naomi Bligh	Aust. All Schools, Hobart	2002	School rec	5.94
	Candice Morley	Commonwealth Youth, Bendigo	2004	School rec	5.94
	Naomi Bligh	Aust. All Schools, Hobart	2002	Club rec	5.94
	Candice Morley	Commonwealth Youth, Bendigo	2004	School rec	5.94
17 years	Naomi Bligh	Aust. All Schools, Brisbane	2003	Club rec	6.06
	Naomi Bligh	Aust. All Schools, Brisbane	2003	Club rec	6.06
18 years	Naomi Bligh	Westfields Zone, SOPAC W/U track	2004	Schools	6.11
	Naomi Bligh	World Junior Departure, QE II Bris.	2004	Club rec	6.42
Open	Naomi Bligh	World Junior Departure, QE II Bris.	2004	Club rec	6.42
<b>Womens Triple Jump</b>					
11 years	Evanjaline McGoon	Illawong High Velocity, Barden Ridge	2022	Club rec	8.68
12 years	Le'Ati Moefaauo	NSW All Schools, SOPAC	2020	School rec	10.04
	Charlize Monzon	NSW All Schools, SOPAC	2018	School rec	10.12w
	Audrey Nadaya-Harb	All Comers, SOPAC	2018	Club rec	10.50
13 years	Audrey Nadaya-Harb	NSW CHS, SOPAC	2019	School rec	11.24
	Audrey Nadaya-Harb	Australian Juniors, SOPAC	2019	Club rec	11.55
	Stephanie Langridge	Aust. All Schools, SOPAC	2004	School rec	10.61w
14 years	Amanda Wall	Westfields Zone, Westfields	1994	School rec	10.34
	Alan Flay	Aust. All Schools, SOPAC	2005	School/Club rec	11.16w
	Standard	Premiership, Bankstown	2004	Club rec	10.56
15 years	Candice Morley	NSW All Schools, SAC	2003	School rec	11.22
	Candice Morley	NSW All Schools, SAC	2003	Club rec	11.22
16 years	Tara Swinfield	NSW CHS, SAC	2001	School rec	10.93
	Tara Swinfield	NSW CHS, SAC	2001	School rec	10.93
	Renaë Wynn	NSW All Schools, SAC	2003	School/Club rec	11.07w
17 years	Lizanne Burrows	Westfields Zone, Westfields	1994	School rec	11.20
	Lizanne Burrows	Interdistrict, SIAC	1995	Club rec	11.38
Open	Audrey Nadaya-Harb (13)	Australian Juniors, SOPAC	2019	Club rec	11.55
<b>Womens Shot Put 2kg</b>					
11 years	Lara Penney	NSW Regional Champs, The Crest	2024	Club rec	7.11
<b>Womens Shot Put 3kg</b>					
12 years	Kristy Dingwell	Aust. All Schools, SOPAC	2006	School rec	13.36
	Kristy Dingwell	Aust. All Schools, SOPAC	2006	Club rec	13.36
13 years	Dani Samuels	Aust. All Schools, Melbourne	2001	School rec	14.01
	Dani Samuels	Aust. All Schools, Melbourne	2001	School rec	14.01
	Dani Samuels	Aust. All Schools, Melbourne	2001	Aust. Sch. rec	14.01
14 years	Dani Samuels	NSW CHS, SAC	2002	School rec	15.03
	Dani Samuels	NSW CHS, SAC	2002	Club rec	15.03
	Rebecca Papadopoulos	NSW All Schools, Campbelltown	2000	NSW All Sch rec	13.39
	Rebecca Papadopoulos	NSW CHS, SAC	2000	NSW CHS rec	13.67
	Danii Samuels	NSW CHS, SAC	2002	NSW CHS rec	15.03
<b>Womens Shot Put (6lb)</b>					
12 years	Lauren Martin	All Schools, SIAC	1994	School rec	12.68
	Rebecca Papadopoulos	NSW CHS, SIAC	1998	Club rec	11.75
13 years	Lauren Martin	NSW CHS, SIAC	1995	School rec	13.04
	Michelle Martin	NSW CHS, SIAC	1996	Club rec	11.98
14 years	Lauren Martin	MSW Region, SIAC	1996	School rec	13.92
	Lauren Martin	NSW All Schools, SIAC	1996	Club rec	13.13
<b>Womens Shot Put (4kg)</b>					
13 years	Rebecca Papadopoulos	Aust. Schools K.O., SIAC	1999	School rec	11.45

	Rebecca Papadopoulos	Aust. Schools K.O., SIAC	1999	Club rec	11.45
14 years	Dani Samuels	Aust. All Schools, Hobart	2002	School rec	13.93
	Dani Samuels	Aust. All Schools, Hobart	2002	Club rec	13.93
	Dani Samuels	Aust. All Schools, Hobart	2002	NSW U16 rec	13.93
15 years	Dani Samuels	Aust. All Schools, Brisbane	2003	School rec	13.51
	Dani Samuels	Australian Youth, SAC	2003	Club rec	13.83
16 years	Dani Samuels	NSW CHS, SOPAC	2004	NSW CHS rec	14.38
	Dani Samuels	Commonwealth Youth, Bendigo	2004	School rec	15.50
	Dani Samuels	Commonwealth Youth, Bendigo	2004	Club rec	15.50
17 years	Dani Samuels	NSW CHS, SOPAC	2005	School rec	14.71
	Dani Samuels	NSW CHS, SOPAC	2005	NSW CHS rec	14.71
	Dani Samuels	World Youth Champs, Morocco	2005	Club rec	15.53
18 years	Dani Samuels	NSW CHS, SOPAC	2006	School rec	14.73
	Dani Samuels	Australian Open Champs, SOPAC	2006	Club rec	15.98
U20	Dani Samuels	Australian U20 Champs, Hobart	2007	Club rec	16.19
	Dani Samuels	Australian U20 Champs, Hobart	2007	NSW U20 rec	16.19
	Dani Samuels	Australian U20 Champs, Hobart	2007	Aust. U20 rec	16.19
Veteran	Diane Dickson	Central Zone, Wyatt Pk	1993	Club rec	8.55
30-34	Karyne Di Marco	NSW Vets Champs, The Crest	2009	Club rec	9.31
50-54 vet	Vicki Clement	NSW Vets Champs, The Crest	2009	Club rec	5.65
Open	Dani Samuels	NSW Open Champs, SOPAC	2014	Club rec	17.05
	Dani Samuels	NSW Open Champs, SOPAC	2014	NSW Open rec	17.05
<b>Womens Discus</b>					
10 years	Lara Penney	Treloar Shield no. 1, SOPAC	2023	Club rec	21.75
11 yrs (500gm)	Lara Penney	NSW Regional Championshipships	2024	Club rec	20.18
12 yrs 750gm	Kristy Dingwell	NSW CHS, SOPAC	2006	School rec	41.75
	Kristy Dingwell	NSW CHS, SOPAC	2006	Club rec	41.75
	Kristy Dingwell	NSW CHS, SOPAC	2006	NSW CHS rec	41.75
12 years 1kg	Kristy Dingwell	Aust. All Schools, SOPAC	2006	School rec	37.84
	Kristy Dingwell	Aust. All Schools, SOPAC	2006	Club rec	37.84
	Kristy Dingwell	Aust. All Schools, SOPAC	2006	World best	37.84
13 years	Dani Samuels	Aust. All Schools, Melbourne	2001	School rec	39.37
	Kristy Dingwell	NSW State relays, SOPAC	2007	Club rec	40.09
	Dani Samuels	Aust. All Schools, Melbourne	2001	Aust. Sch. rec	39.37
14 years	Dani Samuels	Aust. All Schools, Hobart	2002	School rec	45.52
	Dani Samuels	Aust. All Schools, Hobart	2002	Club rec	45.52
15 years	Dani Sameuls	Regional K.O. SAC W/U	2003	School rec	45.10
	Dani Samuels	Australian Youth, SAC	2003	Club rec	47.18
16 years	Dani Samuels	Aust. All Schools SOPAC	2004	School rec	52.13
	Dani Samuels	Aust. All Schools SOPAC	2004	Club rec	51.13
17 years	Dani Samuels	Aust. All Schools, SOPAC	2005	School rec	53.96
	Dani Samuels	Pre-departure meet, Runaway Bay	2005	Club rec	55.94
Under 18	Dani Samuels	Pre-departure meet, Runaway Bay	2005	Aust. U18 rec	55.94
Under 18	Dani Samuels	Brisbane National Series, QEII stadium	2005	Aust. U18 rec	58.92
	Dani Samuels	NSW CHS, SOPAC	2006	School rec	57.68
	Dani Samuels	NSW CHS, SOPAC	2006	NSW CHS rec	57.68
18 years	Dani Samuels	Commonwealth Games, Melbourne	2006	Club rec	59.44
U/20	Dani Samuels	World Junior Championships, Beijing	2006	Club rec	60.44
	Dani Samuels	World Junior Championships, Beijing	2006	Aust. U20 rec	60.44
Veteran	Marja-Leena Parviainen	Australian Veterans, Perth	1996	Club rec	35.16
30-34 Vet	Karyne Di Marco	NSW Vets Champs, The Crest	2009	Club rec	29.88
50-54 Vet	Vicki Clement	NSW Vets Champs, The crest	2009	Club rec	14.37
Open	Dani Samuels	World Championships, London	2017	Club rec	69.64
Open	Dani Samuels	World Championships, London	2017	NSW rec	69.64
Open	Dani Samuels	World Championships, London	2017	Australian rec	69.64
Open	Dani Samuels	World Championships, London	2017	Australasian rec	69.64
Open	Dani Samuels	World Championships, London	2017	Commonwealth rec	69.64



<b>Womens Hammer 4kg</b>					
11 years	Alexis Mathison	NSW Throwers Club, Greystanes	2023	Club rec	17.34
12 years	Sharyn Dickson	NSW All Schools, SIAC	1996	School rec	19.70
13 years	Madison Kernaghan	NSW All Schools, SOPAC	2021	School rec	36.05
13 years	Madison Kernaghan	NSW All Schools, SOPAC	2021	Club rec	36.05
14 years	Maree Ryabovitch	Aust All Schools, Brisbane	1994	Club rec	40.08
	Sarah Ringrose	Treloar Shield, SOPAC	2013	Club rec	42.97
15 years	Dani Samuels	Aust. All Schools, Brisbane	2003	School rec	42.82
	Sarah Ringrose	NSW Open, SOPAC	2014	Club rec	43.10
16 years	Abbie Newson	NSW All Schools, SIAC	1998	School rec	42.63
	Shannon Petrovic	Australian All Schools, SOPAC	2007	Club rec	41.79
17 years	Karyne Perkins	NSW All Schools, SIAC	1995	School rec	51.24
	Sarah Ringrose	Australian Junior Champs, Perth	2016	Club rec	49.64
U20	Sarah Ringrose	Throwers Club, Greystanes	2017	Club rec	55.06
50-54 vet	Vicki Clement	NSW Vets Champs, The Crest	2009	Club rec	24.66
Veteran	Marja-Leena Parviainen	Interdistrict, SIAC	1995	Club rec	40.00
Open	Karyne Di Marco	Australian Open Champs, Sydney	2006	Club rec	64.86
<b>Womens Hammer 2.7kg</b>					
13 years	Sharyn Dickson	NSW All Schools, SIAC	1997	School rec	30.80
	Sharyn Dickson	NSW All Schools, SIAC	1997	Club rec	30.80
14 years	Abbie Newson	NSW Throwers, Homebush	1996	Club rec	45.56
<b>Womens Hammer 3kg</b>					
13 years	Amelia Darek	NSW All Schools, SOPAC	2022	School rec	30.50
13 years	Amelia Darek	Treloar Shield no. 3, SOPAC	2022	Club rec	40.12
14 years	Sarah Ringrose	Australian All Schools, Townsville	1998	School rec	48.71
	Sarah Ringrose	Australian All Schools, Townsville	1998	School rec	48.71
15 years	Sarah Ringrose	Australian Junior Champs, SOPAC	2014	Club record	51.83
	Sarah Ringrose	Australian Junior Champs, SOPAC	2014	Aus Jun meet rec	51.41
16 years	Sarah Ringrose	Australian All Schools, Melbourne	2015	School rec	55.42
	Sarah Ringrose	Australian All Schools, Melbourne	2015	Club rec	55.42
17 years	Sarah Ringrose	Australian Junior Champs, Perth	2016	Club rec	56.43
Veteran	Marja-Leena Parviainen	NSW Veterans, SIAC	1996	World vet. rec	39.10
<b>Womens Javelin (400gm)</b>					
12 years	Ashleigh Payne	Aust. All Schools, Canberra	1998	School rec	35.63
	Ashleigh Payne	Aust. All Schools, Canberra	1998	Club rec	35.63
13 years	Dani Samuels	NSW CHS, SAC	2001	School rec	39.12
	Dani Samuels	NSW CHS, SAC	2001	Club rec	39.12
<b>Womens Javelin (500gm)</b>					
14 years	Sarah Ringrose	NSW CHS, SOPAC	2013	School rec	33.62
14 years	Sarah Ringrose	NSW CHS, SOPAC	2013	Club rec	33.62
15 years	Sarah Ringrose	Club Champs, SOPAC	2014	Club rec	33.37
<b>Womens Javelin (600gm)</b>					
12 years	Ashleigh Payne	NSW CHS, SIAC	1998	School rec	30.24
	Ashleigh Payne	NSW CHS, SIAC	1998	Club rec	30.24
13 years	Amanda Wall	NSW CHS, Narrabeen	1993	School rec	28.32
	Sharyn Dickson	Aust. Under 14 Champs	1998	Club rec	31.32
14 years	Ashleigh Payne	Aust. All Schools, Adelaide	2000	School rec	40.22
	Ashleigh Payne	Aust. All Schools, Adelaide	2000	Club rec	40.22
15 years	Ashleigh Payne	Sydney Youth Olympics, SAC	2000	Club rec	40.69
	Amber Hooper	ACT Champs, Canberra	1994	Club rec	42.80
16 years	Sharyn Dickson	NSW All Schools, Campbelltown	2000	School rec	39.42
	Ashleigh Payne	All Comers, SAC	2002	Club rec	42.08
17 years	Amber Hooper	NSW U/20, SIAC	1995	Club rec	42.78
18 years	Taegan Coddington	Aust. All Schools, Adelaide	2000	School rec	38.26
	Taegan Coddington	Asics Games, SAC	2000	Club rec	43.03
Vet 30-34	Karyne Di Marco	NSW Vets Champs, The Crest	2009	Club rec	27.04

Vet 50-54	Vicki Clement	NSW Vets Champs, The Crest	2009	Club rec	14.15
Open	Taegan Coddington	Asics Games, SAC	2000	Club rec	43.03
<b>Womens</b>	<b>Multi-Events</b>				
14 years	Taneka Osgood	NSW Combined events, SOPAC	2016	Club rec	3822
15 years	Amie Bowrey	NSW All Schools Multis, SOPAC	2016	Club rec	4693
<b>Womens</b>	<b>Pentathlon</b>				
16 years	Lauren Hill	SSW Area, SIAC	1998	School rec	2830
18 years	Stephanie Langridge	NSW CHS, SOPAC	2008	School rec	3278
	Stephanie Langridge	NSW CHS, SOPAC	2008	Club rec	3278
<b>Womens</b>	<b>Heptathlon</b>				
16 years	Lauren Hill	Aust. All Schools, Canberra	1998	School rec	4001
	Lauren Hill	Aust. All Schools, Canberra	1998	Club rec	4001
<b>Womens</b>	<b>Heptathlon</b>				
U20	Stephanie Langridge	NSW Multi's, SOPAC	2009	Club rec	4189
Open	Stephanie Langridge	NSW Multi's, SOPAC	2009	Club rec	4189
<b>Womens</b>	<b>2 x 100m</b>				
U15	Adeniran, Stoilova	NSW Nitro, SOPAC	2018	Club rec	24.33
U18	D. McGoon, Tnokovski	Treloar Shield Final, SOPAC	2022	Club rec	26.06
<b>Mixed</b>	<b>4 x 100m</b>				
13 years	Akeem Kabba, Bronson Bradough, Ruby Talbot, Ruby Kernaghan	NSW State Relays, Campbelltown	2022	Club rec	50.66
13 years	Akeem Kabba, Bronson Bradough, Ruby Talbot, Ruby Kernaghan	NSW State Relays, Campbelltown	2022	NSW rec	50.66
<b>Womens</b>	<b>4 X 100m</b>				
12 years	Hunter, Lolohea, Heather, Brown	NSW CHS, SOPAC	2017	School rec	52.16
12 years	Hunter, Lolohea, Heather, Brown	NSW CHS, SOPAC	2017	Club rec	52.16
12 years	Hunter, Lolohea, Heather, Brown	NSW CHS, SOPAC	2017	State rec	52.16
12 years	Mehghi, Martin Hill, Spong	NSW CHS, SIAC	1994	NSW CHS rec	53.99
13 years	Brown, McGoon, Heather, Stoilova	NSW CHS, Narrabeen	2018	School rec	50.71
13 years	Brown, McGoon, Heather, Stoilova	NSW CHS, Narrabeen	2018	Club rec	50.71
13 years	Brown, McGoon, Heather, Stoilova	NSW CHS, Narrabeen	2018	NSW CHS rec	50.71
13 years	Monzon, McGoon, Vinter, Stoilova	NSW State Relays, SOPAC	2018	Club rec	50.76
14 years	Latecia Lolohea, Destiny McGoon, Audrey Nadaya-Harb, Aleks Stoilova	NSW Nitro, SOPAC	2019	School rec	50.19
14 years	Latecia Lolohea, Destiny McGoon, Audrey Nadaya-Harb, Aleks Stoilova	NSW Nitro, SOPAC	2019	Club rec	50.19
15 years	Siva, Papadopoulos, Archer, Wildman	Aust. All Schools, Adelaide	2000	School rec	51.1
15 years	Reina Dagher, Alexandra Stoilova, Destiny McGoon, Shola Adeniran	NSW State Relays, Campbelltown	2019	Club rec	48.19
16 years	D.Cranshaw, Heane, Wong, Rodziewicz	NSW CHS, SIAC	1999	School rec	50.81
17 years	Chalk, Ilnativ,				

	Burrows, Comerford	NSW CHS, SIAC	1995	School rec	48.83
				NSW CHS rec	48.83
17 years	Vidigal, Harrison, Archer, Bligh	NSW CHS, SAC	2003	Club rec	49.47
	Archer, Bligh	NSW CHS, SAC	2003	Club rec	49.47
U/20	Cameron, Berry, Standard, Morley	NSW State Relays, SOPAC	2004	Club rec	48.63
Open	Cameron, Berry, Standard, Morley	NSW State Relays, SOPAC	2004	Club rec	48.63
<b>Womens</b>	<b>4 X 200m</b>				
Open	Martin, Nikolic, Chalk, Wall	NSW Relays, SIAC	1993	Club rec	1.45.73
U/20	Heane, Cranshaw, Rodziewicz, Chanthavong	NSW State Relays, SIAC	1999	Club rec	1.51.63
U/18	Martin, Nikolic, Chalk, Wall	NSW Relays, SIAC	1993	Club rec	1.45.73
U/16	Rodziewicz, Wong, Harrison, Cameron	Australian Schools Knockout	1998	School rec	1.47.20
U/16	Morley, Berry, Pertel, Huston	NSW State Relays, SOPAC	2004	Club rec	1.46.65
U/15	Cunningham, Nair, Thac, Lamas	Aust. Schools KO, SOPAC	2007	School rec	1.51.31
U/14	Monzon, McGoon Vinter, Stoilova	NSW State Relays, SOPAC	2018	Club rec	1.49.67
<b>Womens</b>	<b>4 X 400m</b>				
U/20	Vidigal, Hill Bligh, Archer	Aust. Schools K.O., Launceston	2002	School/Club rec	4.01.46
U19	Annelise Isaacs, Paige Merriman, Sophia Dagher, Kaitlin Woodward	NSW Schools Relays, SOPAC	2017	School/Club record	4.30.23
U/18	Vidigal, Archer Harrison, Mahoney	NSW State Relays, SIAC	2002	Club rec	4.05.31
U/16	Alizart, McGoon, Honore, Merriman	NSW State Relays, SOPAC	2018	Club rec	4.03.12
U/15	Alexandra Alizart, Aleksia Drinkwater, Ava Honore, Teagan Hunter	NSW Schools Relays, SOPAC	2017	School/Club rec	4.22.72
U/14	Barton, Langer Robinson, Lingotti	NSW State Relays, SOPAC	2006	1999 Club rec	4.23.83
<b>Womens</b>	<b>4 X 800m</b>				
U20	Hill, Radnidge Ryan, Harrison	NSW Relays, SAC	2002	Club rec	10.02.72
U/18	Ford, A. Barton, A.Lamas, Ford	NSW Relays, SOPAC	2012	Club rec	9.21.00
U/16	Hill, Sunnucks, Harrison, Connolly	NSW Relays, SIAC	1998	Club rec	9.37.86
U/14	Barton, Langer Robinson, Lingotti	NSW Relays, SOPAC	2006	Club rec	10.28.48
<b>Womens</b>	<b>4 X 1500m</b>				
Open		NSW Relays, SOPAC W/U	2009	Club rec	19.50.37
U20	Hill, Radnidge Ryan, Harrison	NSW Relays, SAC	2002	Club rec	21.15.43
U18	Merriman, Woodward, Dagher, Honore	NSW State Relays	2018	Club rec	21.30.17
U/16	Hill, Sunnucks, Smith, Harrison	NSW Relays, SIAC	1998	Club rec	21.08.34
U/14	Barton, Langer Robinson, Lingotti	NSW State Relays, SOPAC	2006	Club rec	22.19.06

<b>Womens</b>	<b>2x2x400</b>						
U15	Olivia Pyda, Destiny McGoon	NSW Nitro, SOPAC	2019	School/cub rec	4.40.21		
U17	Alexandra Alizart, Ava Honore	NSW Nitro, SOPAC	2019	School/club rec	4.31.60		
<b>Womens</b>	<b>100x300x200x400 (Swiss)</b>						
U17	Shola Adeniran, Alexandra Alizart,						
	Aleks Stoilova, Ava Honore	NSW Nitro, SOPAC	2019	School/club rec	2.21.22		
U15	??,??,??,??	Treloar Shield no. 3, Campbelltown	2023	Club rec	2.38.45		
<b>Womens</b>	<b>Medley Sprint medley 800x400x200x200</b>						
Open	Golebiowski, E.Barton,						
	Langridge, Butler	NSW State Relays, Blacktown	2009	Club rec	4.12.10		
U20	Golebiowski, E.Barton,						
	Langridge, Butler	NSW State Relays, Blacktown	2009	Club rec	4.12.10		
U17	Woodward, Alizart,						
	Osgood, Lolohea	NSW Nitro, SOPAC	2017	School/Club rec	4.24.97		
U15	Ava Honore, Alexandra Alizart,						
	Latecia Lolohea, Shola Adeniran	NSW Schools Relays, SOPAC	2017	School/Club rec	4.22.10		
<b>Womens</b>	<b>Distance Medley 1200x800x800x400</b>						
U19	Christina McGrath, Annelise Isaacs						
	Kaitlin Woodward, Sophia Dagher	NSW Schools Relays, SOPAC	2017	School/Club rec	10.57.12		
<b>Womens</b>	<b>4 x 1500m Walk</b>						
U14	Erin Cassilles, Lilly Twigden,						
	Madeline Kot, Georgia Watson	NSW STATE Relays, SOPAC	2023	Club rec	33.19.01		
<b>Womens</b>	<b>4 X 1500m Walk</b>						
U18	Smith, Harrison						
	Golebiowski, Brewster	NSW Relays, SAC	2002	Club rec	34.11.46		
<b>Womens</b>	<b>4 X High Jump</b>						
U/18	Truscott, ??						
	Coddington, Dickson	NSW Relays, SIAC	1997	Club rec	6.35		
U/14	May, Wildman,						
	Harrison, Pertel	NSW State Relays, SIAC	1999	Club rec	5.45		
<b>Womens</b>	<b>4 X Long Jump</b>						
U/14	Audrey Nadaya-Harb, Mariatu Barb						
	Breanna De Groot, Charlize Monzon	NSW State Relays, Campbelltown	2019	Club rec	18.16		
U/18	Metcalfe, Langridge						
	Morley, standard	NSW Relays, SOPAC	2005	Club rec	20.39		
Open	Bligh, Metcalfe						
	Morley, Kovacic	NSW Relays, SOPAC	2005	Club rec	20.67		
<b>Womens</b>	<b>4 X Shot</b>						
U12	Eleni Rakasi, Ruby Tindall,						
	Lara Penney, Alexis Kernaghan	NSW State Relays, SOPAC	2023	Club rec	38.55		
U14	Wallace, Chamberlain						
	Ulugia, Huston	NSW Relays, SIAC	2002	NSW rec	40.38		
U/14	Barden-Scott, Tiatia,						
	Sharne, Dingwell	NSW Relays, SOPAC	2006	NSW rec	41.86		
U/14	Baron-Scott, Lemi,						
	Sharne, Dingwell	NSW Relays, SOPAC	2007	Club rec NSW rec	46.24 46.24		
U/18	P.Lemi, Stikovic,						
	Endemann, Ringrose	NSW Relays, SOPAC	2012	Club rec	45.49		
Open	Samuels, Stikovic,						
	Ringrose, Chamberlain	NSW Relays, SOPAC	2013	Club rec	50.68		
<b>Womens</b>	<b>4 X Discus</b>						
U/14	Baron-Scott, Lemi						
	Sharne, Dingwell	NSW Relays, SOPAC	2007	Club rec	130.89		
U/18	Samuels, Chamberlain,						
	Abbott, Ulugia	NSW Relays, SOPAC	2005	Club rec	156.30		
Open	Samuels, Stikovic,						

	Dickson, Chamberlain	NSW Relays, SOPAC	2013	Club rec	178.23
<b>Womens</b>	<b>4 X Hammer</b>				
Open	Di Marco, Clement				
	Dickson, Samuels	NSW Relays, SOPAC	2004	Club rec	178.31
U/18	Dickson, Dempster				
	Stewart, McCarron	NSW State Relays, SIAC	1999	Club rec	114.83
<b>Womens</b>	<b>4 X Javelin</b>				
U/18	Huston, Tiatia,				
	Valeni-Sutherland, Kovacic	NSW State Relays, SOPAC	2006	Club rec	111.31