

Westfields Athletics Club

2023-24 Annual Report



Aleksandra Stoilova
2024 Paris Olympian



Presidents Report

I founded our club during the 1991-92 season as an opportunity for the students of Westfields Sports to be able to participate in athletics outside the school system. The process was made difficult when four local senior clubs expressed their concerns to Athletics NSW. I then had to justify in writing how our proposed club would not detract from their intake. After much deliberation the foundation of the Westfields Athletics Club (WAC) was granted. Now 33 years later we are the only Government school in NSW to have an attached, registered club. In the past we have celebrated outstanding results at both Domestic and International level producing Olympians, World Championships and Commonwealth games athletes Dani Stevens, Fabrice Lapierre, Christie Chamberlain, John Thornell and Naomi Bligh.

So it is with great pride at the time of writing, as a result of their performances at the 2024 Nationals, I announce four WAC athletes were selected to represent Australia and wear the 'green and gold'. Bailey Latanis (decathlon) and Alex Goetz (hammer throw) at the Oceania Championships, Rashid Kabba (110m hurdles) and Aleksandra Stoilova (100m & 4 x 100m) at the World Junior Championships, and Aleksandra Stoilova (4 x 100m relay) at the Paris Olympics. Aleksandra becomes our 3rd Olympian with Dani and Fabrice competing at 6 Olympic Games since Beijing in 2008.

The current athletes of WAC performed at an exceptional level scoring a massive haul of 93 State medals and 14 National medals during the 2023-24 season. This is a very impressive result when considering WAC had a modest number of 62 registered athletes during the season. The medal tallies at State and National level, when considered as a ratio to club numbers, make us one of the strongest clubs in NSW.

Fundraising has become a very important function of our club. WAC supported the 31 athletes and 6 coaches that travelled to Nationals in Perth and Adelaide with financial assistance. We also supported our 4 International Athletes. This total support was in excess of \$20,000.00. This would not be possible without the generous donations of The Canley Heights RSL & Sporting Club (\$20,000.00), Club Liverpool (\$6000.00), Cassilles Joinery (\$1000.00) KAV Automotive (\$600), Madtrack (\$500) and the generous support of Factotum Communications, The Sports Factory, The Bzadough Family & Bunnings Bonnyrigg and the 21 years of the Adhemar Ferreira da Silva Scholarship funded by our philanthropic friends Rosemary and Wilf Mula. Rosemary and Wilf have since 2003 contributed almost \$100,000.00 in scholarships, airfares and accommodation to 22 athletes and their coaches.

However, the most important function of our club is to provide a service to its members; the athletes. It is this level of service which is one of the key aspects which defines WAC as a unique institution. Unlike most other registered athletics clubs that have large numbers of athletes on their books, many of whom are not being serviced, we provide coaching, funding and support for every single club member.

There are numerous people that contributed to our success last season. Firstly are our six coaches Brett Mathison, Sharyn Dickson, Shane Castlereagh, Denis Knowles, Leo Dulay and myself. Thank you to our club executive of Sharyn Dickson, Brett Mathison, Rebecca Best, Janet Stickler, Kyle Alexis and myself who's decisions have allowed us to provide the level of financial support. Particular mention to Janet Stickler who has volunteered her hard work behind the scenes for the past 25 years. A big thank you also goes out to our parents and relatives that show their support for their athletes and club. Also a very special mention to Sharyn Dickson who has been a member of the club for the past 31 years.

Finally, and clearly most significantly, our 62 athletes. I believe we have one of the most talented selection of athletes found in any of the 250 registered clubs in NSW. The founding Principal of Westfields Sports, Phil Tucker, believed in the 'Westfields Family', and I am a firm believer that concept still exists today. The Westfields Athletics Club is a family creating an environment allowing our athletes to work towards achieving their individual goals. Congratulations to our athletes on your great performances during the season and I wish you all the best for the upcoming 2024-25 season.

Dan Suchy, President



Westfields Sports wins 26 medals

2023 NSW CHS State results

Westfields Sports' results at the 2023 NSW Combined High Schools State Championships were outstanding, particularly when considering the number of our students participating was reduced by HSC Trials, Sport knockouts and various injured athletes. The size of our team was reduced from 60+ to 50 + due to the above mentioned issues. Nevertheless, our athletes once again produced the best possible performances.

Three of our athletes stood out at the Championships:

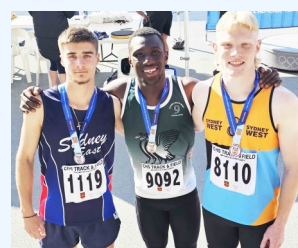
Alexia Mathison produced a personal best performance in the Girls 12 80m hurdles and in doing so broke a 19 year old record set by Carly Rodger in 2004. Back then, Carly would go on to break several National underage records previously set by Sally Pearson. Alexia's time of 13.14 elevates her to number 2 in Australia. Alexia also p.b.'d in 100m and 200m narrowly missing medals in both.

16 year old **Bailey Latanis** was also a stand-out with his four medal haul winning Gold in 17+ 400m hurdles, and Bronze in 16's 800m, 110m hurdles and discus throw. Carrying a niggling injury, he withdrew from 3 of his events. Bailey was a big chance of also winning the 17+ pentathlon but chose to reduce his events to prevent further injury and did not contest the gruelling 5 event Multi.

Rashid Kabba contesting his last ever NSW CHS tournament was brilliant in his four medal haul of 2 Gold, and 2 Silver medals. He easily defended his Sprint hurdles title for which he has remained undefeated in his high school career. Rashid equalled his own State record in the 110m hurdles albeit slightly over the legal wind limit (2.2). He was an easy winner in the 200m being the only athlete to break the 22 second barrier in the final (also undefeated at NSW CHS for 200m). Rashid picked up a silver medal in long jump and this was impressive when considering Rashid no longer trains for this event. Finally Rashid was pipped in the 100m Mumford Cup event by 0.02 seconds.

Our boys team won the Champion Boys pointscore and our girls team were runners-up in the Champion Girls pointscore. Listed below are the results of the 101 events contested by our 51 strong team.

12's	Alexia Mathison	100m heat	13.64Q (1.9)	4th
12's	Alexia Mathison	100m final	13.74 (-1.4)	4th
12's	Alexia Mathison	200m heat	28.45q (NW1)	7th
12's	Alexia Mathison	200m final	28.18 (0.6)	4th
12's	Alexia Mathison	80m Hurd.	13.14R (0.9)	Gold (NSW CHS record)
12's	Alexia Mathison	Discus	15.64m	15th
12's	Evanjaline McGoon	100m heat	13.66q (1.1)	7th
12's	Evanjaline McGoon	100m final	13.83 (-1.4)	7th
12's	Evanjaline McGoon	200m heat	28.89Q NW1	6th
12's	Evanjaline McGoon	200m final	28.53 (0.6)	6th
12's	Evanjaline McGoon	80m Hurd. final	14.69 (0.9)	4th
12's	Evanjaline McGoon	High Jump	1.35m	7th =
12's	Evanjaline McGoon	Long Jump	4.22m NW1	5th
12's	Westfields	4 x 100 heat	56.30Q	3rd
12's	Westfields	4 x 100 final	57.33	Bronze
13's	Westfields	4 x 100 heat	54.44Q	6th
14's	Westfields	4 x 100 heat	56.49	5th
14's	Emily Kot (13)	400m heat	61.14Q	4th
14's	Emily Kot (13)	400m final	61.70	5th
15's	Zaynab Darwiche	400m heat	60.38Q	5th
15's	Zaynab Darwiche	400m final	58.96	Silver
15's	Zaynab Darwiche	800m heat	2:23.78Q	3rd
15's	Zaynab Darwiche	800m final	2:20.33	4th
15's	Westfields	4 x 100 heat	55.79	10th
16's	Westfields	4 x 100 heat	55.72	6th
16's	Westfields	4 x 100	55.24	6th
14's	Isabella Muc	800m heat	2:28.98q	7th
14's	Isabella Muc	800m final	2:31.45	8th
14's	Isabella Muc	1500m	5:10.43	10th
17+	Isabella Muc (14)	2000m St.Chase	7:43.51	Silver
14's	Isabella Baptist	2000m St. Chase	8:51.80	4th
14's	Isabella Baptist	800m heat	2:38.12	13th
15's	Ruby Rose Talbot	200m Hurd. heat	37.32 NW1	11th



2023 NSW CHS State Results continued

14's	Amelia Darek	Discus	24.05	12th
14's	Amelia Darek	Javelin	23.33m	10th
15's	Maddison Kernaghan	Javelin	30.34m	5th
16's	Ella Rowe Westfields	100m hurdles	24.41 (0.0)	14th
17+	Destiny McGoon	100m heat	12.72Q (0.9)	4th
17+	Destiny McGoon	100m final	12.64 (2.6)	5th
17+	Destiny McGoon	400m hurd. heat	70.37Q	5th
17+	Destiny McGoon	400m hurd. Final	64.52	Bronze
17+	Destiny McGoon	High jump	1.50m	6th =
17+	Destiny McGoon	Long jump	5.47m (1.4)	5th
17+	Destiny McGoon	Triple jump	10.96m (1.3)	4th
17+	Marissa Tnokovski	100m hurd.	18.36q (1.2)	8th
17+	Marissa Tnokovski	100m hurd.	DNF	
17+	Olivia Pyda	400m hurd.	75.79Q	4th
17+	Olivia Pyda	400m hurd. Final	76.92	7th
17+	Westfields	4 x 100 heat	50.66Q	2nd
17+	Westfields	4 x 100 final	50.23	Silver
12's	Khalil Ogle	800m heat	2:25.41Q	4th
12's	Khalil Ogle	800m final	2:16.41	Bronze (School record)
12's	Michael Mathison	Finished 4th—DQ Age		
12's	Michael Mathison	Discus	22.27m	12th
13's	Jayden Todoroski	100m heat	11.67Q (1.1)	1st
13's	Jayden Todoroski	100m final	11.73 (1.6)	Gold
13's	Jayden Todoroski	200m heat	23.96Q NWI	1st
13's	Jayden Todoroski	200m final	23.85 (0.2)	Gold
13's	Shea Cassilles	800m heat	2:17.81q	7th
13's	Shea Cassilles	800m final	2:15.75	7th
13's	Shea Cassilles	3000m final	10:27.47	13th (School record)
13's	Akeem Kabba	90m hurd. Final	14.82 NWI	Bronze
13's	Westfields	4 x 100 heat	49.54Q	1st
13's	Westfields	4 x 100 final	49.24	Gold
13's	Elijah Biuvanua Heather	Shot Put	13.08m	Bronze
13's	Elijah Biuvanua Heather	Discus	27.29m	10th
14's	Koben Best	100m heat	12.03q (0.3)	11th
14's	Koben Best	200m heat	24.24Q NWI	3rd
14's	Koben Best	200m final	26.15 (-0.2)	7th
14's	Koben Best	100m Hurd.	15.11Q (1.8)	5th
15's	Bronson Bzadough	400m heat	55.36Q	5th
15's	Bronson Bzadough	400m final	55.86	7th
14's	Jaxson Horton	800m heat	2:18.33	15th
15's	Jaxson Horton	1500m walk final	7:10.63	Gold
14's	Jaxson Horton	Discus	31.73m	10th
14's	Westfields	4 x 100 heat	46.81Q	3rd
14's	Westfields	4 x 100 final	47.62	Gold
15's	Fuinelakei Aukafolau	100m Hurd. heats	14.61Q (-1.7)	3rd
15's	Fuinelakei Aukafolau	100m Hurd. final	14.40 (0.8)	Bronze
15's	Fuinelakei Aukafolau	200m Hurd. Heat	28.66Q NWI	3rd
15's	Fuinelakei Aukafolau	200m Hurd. Final	28.30 NWI	Bronze
15's	Benjamin Long	800m heat	2:10.15q	8th
15's	Benjamin Long	800m final	2:10.54	9th
17+	Ben Westwood (15)	2000m St. Chase	7:23.61	Silver
16's	Bailey Latanis	800m heat	2:06.36Q	5th
16's	Bailey Latanis	800m final	2:01.69	Bronze
16's	Bailey Latanis	110m Hurd. Final	15.94 NWI	Bronze
17+	Bailey Latanis	400m Hurd. Final	60.20	Gold
16's	Bailey Latanis	Shot Put	13.38m	4th
16's	Bailey Latanis	Discus	39.26m	Bronze
17+	Rashid Kabba	200m heat	22.64Q NWI	2nd
17+	Rashid Kabba	200m final	21.85 (1.1)	Gold
17+	Rashid Kabba	100m heat	10.71Q (-0.3)	2nd
17+	Rashid Kabba	100m final	10.66 (3.6)	Silver
17+	Rashid Kabba	110m Hurd. Final	13.73 (2.2)	Gold
17+	Rashid Kabba	Long Jump	6.94m NWI	Silver
17+	Kunal Menon	110m Hurd. Final	14.78 (2.2)	Bronze
17+	Lachlan Baptist	400m heat	57.03	10th
17+	Lachlan Baptist	800m heat	2:23.53	17th

2023 NSW All Schools (Combined results—Junior and Senior)

Held over two separate weekends the athletes of Westfields Sports were outstanding. None more so than year 7 student **Alexia Mathison**. Only a month earlier Alexia had broken the NSW CHS State record winning the girls 12's 80m hurdles in 13.14 breaking the previous record set 19 years ago in 2004. However no one expected what was about to happen at the All Schools. Into a strong -1.7 m/s headwind she smashed that P.B. with an incredible 12.68 seconds to take the Gold again. Adjusting the wind to a legal tailwind, Alexia was on target to break the All Schools record as well. Also in the same race was



Evi McGoon finishing 4th with a P.B. into the same headwind.

Jayden Todoroski of year 8 was determined to win the sprint double (2022 he was beaten into second place in the 200m). In the 100m, he did not hit the lead until about 30 metres to go when his well known strong finish took over. He won the Gold in 11.61 just 0.01 short of his p.b. into a headwind. Then came the 200m where he was determined to redeem himself. Into another headwind Jayden ran the fastest time in Australia this year; 23.31 for a new p.b.



Other students during the Junior section of the NSW All Schools who became State Champions were **Amelia Darek** in 14's Pole Vault, **Michael Mathison** in 12's 3000m walk and **Jaxson Horton** in 14's 3000m walk.

The senior section of the All Schools saw our year 12 students competing at their last State Schools Championships. The most impressive of which was **Destiny McGoon** who bagged a massive 2 Gold and 2 Silver medals. It has been over 40 years since a Westfields female athlete has won the 19's sprint double (100m & 200m). Destiny ran her 2nd best time ever in winning the 100m into a headwind. Then in the 200m she p.b.'d into another headwind. Adding a Silver in Long jump and another Silver medal in 400m hurdles, Destiny produced one of the finest overall performances in Westfields' History.



Rashid Kabba also competing in his last NSW All Schools was brilliant in running two World Junior Qualifying times in 110m Hurdles and 200m. Particularly the 200m where he ran a p.b. of 21.31 seconds.

At this moment (mid October) Rashid has already been selected for the Australian U20 relay training squad for the 2024 World Under 20 Championships.

Kunal Menon surprised even himself when he won his first ever State Title taking Gold in the U18 110m hurdles. **Molly Goetz**, coming off a 2 month rest from training and competition, won both Discus throw and Hammer throw. Her p.b. performance in the Hammer became the leading Junior (U20) throw in Australia all this year.



Full Results:

Alexia Mathison	G12	100m	13.84 (-1.6) 7th heat	13.92 (-0.6)	9th
Alexia Mathison	G12	200m	28.44 (0.0) 6th heat	28.36 (1.6)	8th
Alexia Mathison	G12	80m hurdles		12.68 (-1.7)	Gold
Evanjaline McGoon	G12	100m	14.00 (-2.9) 9th heat	14.06 (-0.6)	10th
Evanjaline McGoon	G12	80m hurdles		13.76 (-1.7)	4th
Evanjaline McGoon	G12	High jump		1.30	6th
Evanjaline McGoon	G12	Long jump		4.43 (1.3)	5th
Ruby Rose Talbot	G14	100m	14.05 (-1.5) 37th heat	13.76 (-1.7)	
Ruby Rose Talbot	G14	200m hurdles		36.82 (-1.0)	11th
Ruby Rose Talbot	G14	Long jump		4.25	30th
Ruby Rose Talbot	G14	Triple jump		8.74 (-1.9)	17th
Isabella Baptist	G14	400m	1.06.30 19th heat		
Isabella Baptist	G14	800m	2.41.46 19th heat		
Isabella Muc	G14	1500m	5.04.04		8th
Isabella Muc	G14	3000m	11.15.28 16th		
Isabella Muc	G14	2000m Steeple chase	7.47.07		Bronze
Amelia Darek	G14	Pole vault		2.25	Gold
Amelia Darek	G14	Hammer		38.44	Silver
Maddison Kernaghan	G15	Hammer		47.85	Bronze
Maddison Kernaghan	G15	Javelin		29.81	5th
Khalil Ogle	B12	800m	2.19.42		Silver
Khalil Ogle	B12	1500m	4.48.45		Silver
Michael Mathison	B12	3000m walk	17.22.11		Gold
Michael Mathison	B12	Shot put		5.56	12th
Michael Mathison	B12	Discus	22.09 9th		
Jayden Todoroski	B13	100m	12.28 (-2.3) 3rd heat	11.61 (-0.7)	Gold
Jayden Todoroski	B13	200m	23.71 (0.8) 2nd heat	23.31 (-0.5)	Gold
Akeem Kabba	B13	100m	13.70 (-1.5) 35th heat		
Akeem Kabba	B13	90m hurdles	14.42 (-2.8) 4th heat	14.01 (-0.7)	7th
Akeem Kabba	B13	Long jump		4.49 (4.2)	16th
Shea Cassilles	B13	800m	2.17.54 11th heat		
Shea Cassilles	B13	1500m	4.40.21		9th
Koben Best	B14	100m	12.20 (-1.4) 11th heat	12.26 (-1.2)	
Koben Best	B14	200m	25.13 (-1.6) 23rd heat		
Koben Best	B14	100m hurdles	14.85 (-0.7) 4th heat	14.90 (-1.8)	4th
Koben Best	B14	Long jump		5.65 (0.2)	5th
Bronson Bzadough	B14	100m	12.26 (-1.2) 14th heat		
Bronson Bzadough	B14	200m	24.44 (-0.9) 11th heat		
Bronson Bzadough	B14	400m	56.47 14th heat		
Bronson Bzadough	B14	Long jump		5.39 (-0.2)	8th
Fuinelakei Aukafolau	B15	100m	12.33 (2.0) 27th heat		
Fuinelakei Aukafolau	B15	100m hurdles	14.61 (-0.3) 4th heat	14.25 (-0.3)	4th

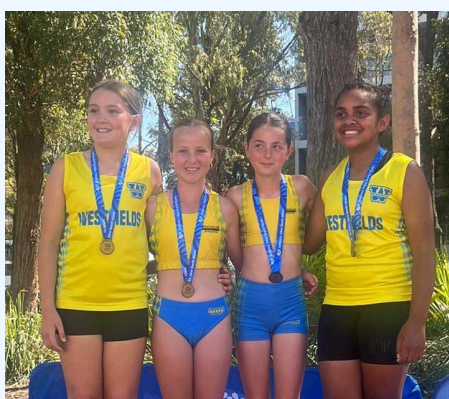
Fuinelakei Aukafolau	B15	200m hurdles		28.53 (1.3)	6th
Jaxson Horton	B14	800m	2.16.51 15th heat		
Jaxson Horton	B14	1500m	4.53.05 27th heat		
Jaxson Horton	B14	3000m walk	15.49.94		Gold
Jaxson Horton	B14	Discus	31.12 13th		
Benjamin Westwood	B14	1500m	4.59.65 32nd heat		
Benjamin Westwood	B14	2000m Steeple chase	7.24.54 13th		
Jayden Tran	B14	Discus	32.86 11th		
Benjamin Long	B15	800m	2.05.14 12th heat		
Benjamin Long	B15	1500m	4.45.86 27th heat		
Bailey Latanis	B16	110m hurdles	16.12 (-1.2) 2nd heat	15.77 (0.0)	4th
Bailey Latanis	B16	400m hurdles		58.48	4th
Bailey Latanis	B16	Shot Put		13.19	8th
Kunal Menon	B17	100m	11.86 (-0.3) 5th heat		
Kunal Menon	B17	200m	23.57 (0.8) 7th heat		
Kunal Menon	B17	110m hurdles		14.72 (0.7)	Gold
Emillio Martinez	B17	Discus		44.72	8th
Adam Arduin	B17	Javelin		46.42	4th
Rashid Kabba	B19	100m	10.88 (0.1) 2nd heat	10.85 (-0.4)	Silver
Rashid Kabba	B19	200m	22.13 (0.9) 1st heat	21.31 (0.6)	Gold
Rashid Kabba	B19	110m hurdles		14.29 (1.9)	Silver
Destiny McGoon	G19	100m		12.66 (-1.0)	Gold
Destiny McGoon	G19	200m		25.64 (-0.4)	Gold
Destiny McGoon	G19	400m hurdles		68.11	Silver
Destiny McGoon	G19	Long Jump		5.39 (0.1)	Silver
Olivia Pyda	G17	400m hurdles		76.78	7th
Molly Goetz	G19	Discus		38.98	Gold
Molly Goetz	G19	Hammer Throw		51.31	Gold

2023 NSW State Relays

Boys U14	4 x 100m	Khalil Ogle, Jayden Todoroski, Akeem Kabba, Beau Sinclair	48.86	Silver
Boys U14	4 x 200m	Phillip Botonis, Jayden Todoroski, Akeem Kabba, Beau Sinclair	1.42.46	Silver
Boys U14	4 x 800m	Phillip Botonis, Xavier Aad, Shea Cassilles, Khalil Ogle	9:55.59	5th
Boys U14	4 x 1500m	Phillip Botonis, Xavier Aad, Shea Cassilles, Khalil Ogle	20:12.47	8th
Boys U14	4 x Long J.	A. Kabba, Jayden Todoroski, Victor Ogbonna, Beau Sinclair	19.13	Gold
Boys U14	4 x Shot P.	Beau Sinclair, Michael Mathison, Jayden Todoroski, A. Kabba	27.70	4th
Boys U14	4 x Discus	Beau Sinclair, Michael Mathison, Akeem Kabba, Xavier Aad	64.74	4th
Boys U16	4 x 100m	Koben Best, Liam Hayes, Fui Aukafolau, Bronson Bzadough	44.40	Gold
Boys U16	4 x 200m	Fui Aukafolau, Bronson Bzadough, Ifti Mirzai, Koben Best	1:35.41	Silver
Boys U16	4 x 400m	Jaxson Horton, Ben Westwood, Ben Long, Bronson Bzadough	3:49.77	4th
Boys U18	4 x 200m	Bailey Latanis, Ben Long, Jai Horton, Ben Westwood	3:42.02	5th
Boys U18	4 x 800m	Bailey Latanis, Ben Long, Jai Horton, Ben Westwood	9:08.29	5th
Boys U18	4 x Long J.	Liam Hayes, Bronson Bzadough, Fui Aukafolau, Koben Best	22.52	4th
Boys U18	4 x Shot P.	Bailey Latanis, Emillio Martinez, Jayden Tran, Jai Horton	42.82	Bronze
Boys U18	4 x Javelin	B. Bzadough, Bailey Latanis, Emillio Martinez, Jaxson Horton	93.92	7th
Boys Open	4 x 1500mW	Ciara Cassilles, Jaxson Horton, Michael Mathison, Raven Pyda	30:45.96	Silver
Girls U14	4 x 100m	Sally Kabba, Alexia Mathison, Lilly Twigden, Evi McGoon	55.51	7th
Girls U14	4 x 200m	Sally Kabba, Evi McGoon, Alexia Mathison, Emily Kot	1:53.28	6th
Girls U14	4 x 800m	Madeline Kot, Lilly Twigden, Erin Cassilles, Claudia Aad.	11:32.54	4th
Girls U14	4 x 1500mW	Erin Cassilles, Lilly Twigden, Madeline Kot, Georgia Watson	33:19.01	Gold
Girls U14	4 x Shot P.	Eleni Rakasi, Ruby Tindall, Lara Penney, Alexis Kernaghan	33.50	Gold
Girls U14	4 x Long J.	Evi McGoon, Alexia Mathison, Emily Kot, Sally Kabba	15.67	5th
Girls U14	4 x Shot P.	Alexia Mathison, Ruby Kernaghan, Eleni Rakasi, Ruby Tindall	32.70	Bronze
Girls U14	4 x Discus	Alexia Mathison, Ruby Kernaghan, Eleni Rakasi, Ruby Tindall	73.36	6th
Girls U16	4 x 100m	Gemma Roberts, Ruby Talbot, Amelia Talbot, Sienna Latanis	52.91	14th
Girls U16	4 x 400m	Georgia Watson, Isabella Baptist, Isabella Muc, Claudia Aad	4:42.64	5th
Girls U16	4 x 800m	Lilly Twigden, Isabella Baptist, Isabella Muc, Erin Cassilles	10:59.70	Bronze
Girls U18	4 x 400m	Olivia Pyda, Madeline Kot, Madeline Baptist, Marissa Tnokovski	4:46.54	6th
Girls U18	4 x Shot P.	Maddie Kernaghan, Amelia Darek, Sienna Latanis, Olivia Pyda	38.55	5th
Girls Open	4 x Discus	Maddie Kernaghan, Amelia Darek, Sienna Latanis, Olivia Pyda	101.52	10th
Mixed U14	4 x 400m	Phillip Botonis, Khalil Ogle, Emilly Kot, ??	4:06.27	Silver
Mixed U16	4 x 100m	Sienna Latanis, Bronson Bzadough, Ruby Talbot, Koben Best	48.60	5th

Westfield won 12 medals at the 2023 NSW State Relay Championships. Below are our State Champions:

Top left - Girls U14 x Shot Put, Bottom Left - Boys U16 4 x 100m, Right - Boys U14 4 x 100m



Rashid leads Westfields to a 30 medals haul at the NSW Juniors

Rashid Kabba recorded two World Junior qualifying performances - 110m hurdles 13.86 (14.20) and 100m 10.53 (10.55) in a sensational 2024 NSW Junior Championships. Rashid successfully defended the under 20 titles he won last year in 100m and 110m hurdles, to become undefeated in both events since 2019. Rashid won the hurdles at NSW Juniors 2019,20,21,22,23 & 24 and the 100m 2019,20,21,23 & 24 (deciding not to contest 2022 with a hamstring issue). This is a feat most likely never achieved by any other athlete.

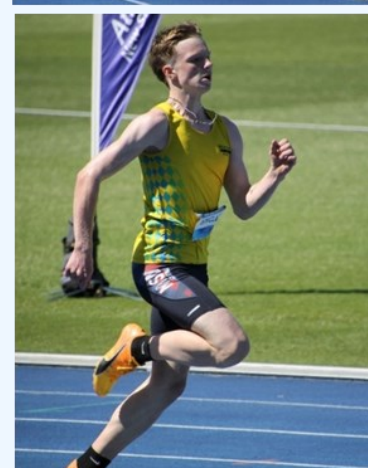
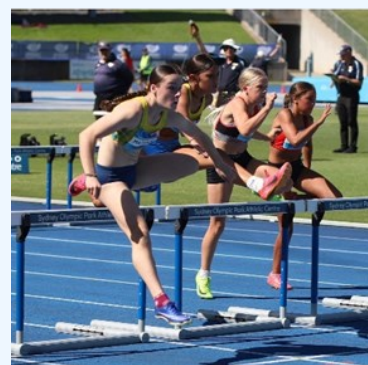
Alexia Mathison was absolutely faultless in her sensational victory in the U14 80m hurdles, recording a time that has, to the best of my knowledge, only ever been bettered a few times. Her time of 12.06 is on the verge of becoming one of a few female athletes to ever go sub 12 seconds in the history of the event. Then going up an age group in the 200m hurdles, a gutsy performance won her the U15 200m hurdles in what was only her second race ever over the 10-flighted event.

Phillip Botonis continues to turn heads with his dominance of middle distance running in NSW, and soon to be Australia. His incredible stamina in the last 100m of his races is a pleasure to watch. Basically if you don't have at least a 10 metre lead in the final straight chances are he will mow-you-down to the finish line. His times in the 800m and 1500m as a 13 year old are exceptional.

Beau Sinclair is new to athletics having started training and competition only several months ago. Still experimenting with events he has qualified for the Nationals in heptathlon, long jump, 100m and 100m hurdles. His performance at the NSW Juniors was a sensational debut winning 3 medals; Silver in hurdles, Silver in 100m and Bronze medal in Long Jump. Beau will drop the Heptathlon and Long Jump, concentrating on the 100m and 100m hurdles.

Absolute newcomer to our club **Darcy Coote** became the NSW U15 100m champion, with training partner Beau taking Silver. Darcy, a talented soccer player, had his first ever training session with blocks only days before winning the State title. He had only a week earlier won the 100m and 200m at NSW Little A's State. Both he and Beau decided not to contest the 200m at the Juniors and one can only wonder what would have entailed. Congratulations to all our medal winners for a magnificent team effort.

Name	Age Event	Prelims	Final
Rashid Kabba	U20 100m	10.77 (0.1)	Gold 10.53 (1.3)
Rashid Kabba	U20 110m hurd.		Gold 13.86 (-0.3)
Rashid Kabba	U20 200m	21.66 (1.8)	Silver 21.47 (1.1)
Darcy Coote	U15 100m	11.63 (2.1)	Gold 11.52 (1.1)
Alexia Mathison	U14 80m hurd.		Gold 12.06 (1.8)
Alexia Mathison	U15 200m hurd.		Gold 29.69 (1.7)
Phillip Botonis	U14 800m		Gold 2.08.18
Phillip Botonis	U14 1500m		Gold 4.22.32
Isabella Muc	U15 2000m SC		Gold 7.39.89
Amelia Darek	U16 Pole Vault		Gold 2.80
Amelia Darek	U16 Hammer Throw		Bronze 40.38
Beau Sinclair	U15 100m	11.77 (3.1)	Silver 11.91 (1.1)
Beau Sinclair	U15 100m hurd.		Silver 15.08 (0.8)
Beau Sinclair	U15 Long Jump		Bronze 5.29 (0.3)
Evanjaline McGoon	U14 80m hurd.		Silver 13.14 (1.8)
Adnan Darwiche	U20 1500m Para		Silver 6.55.23
Alex Goetz	U18 Hammer Throw		Silver 58.80
Akeem Kabba	U15 100m hurd.		Bronze 15.58 (0.8)
Kunal Menon	U20 110m hurd.		Bronze 14.89 (-0.3)
Koben Best	U16 200m hurd.		Bronze 28.09 (1.3)
Ruby Kernaghan	U16 400m	60.99	Bronze 58.97
Erin Cassilles	U14 3000m Walk		Bronze 16.17.50
Sienna Latanis	U16 Discus Throw		Bronze 34.03
Sienna Latanis	U16 Shot Put		Bronze 12.59
Maddison Kernaghan	U17 Hammer Throw		Bronze 47.91
Liam Hayes	U17 Long Jump		Bronze 6.35
Destiny McGoon	U20 Long Jump		Bronze 5.61
Bailey-Dean Latanis	U18 Pole Vault		Bronze 2.80
Bailey-Dean Latanis	U18 Discus Throw		Bronze 43.30
Bailey Dean Latanis	U18 Shot Put		Bronze 14.06



NSW Open and Youth Championships

For the first time ever in Athletics NSW History a State Championships was held for Under 12's and younger. It was the first step in the amalgamation with Little Athletics NSW. It was called Youth Championships (not to be confused with the former Championships which included U14-U18 age groups). The outstanding performer was **Victor Ogbonna**. He contested the 100m and 200m and brilliantly picked a bronze medal in 200m competing against athletes that were essentially a year older. The photo below sums-up the significance of the effort required to medal against the more mature athletes.

In the NSW Open Championships, **Bryce Nolan** was magnificent in winning the Open Discus event. He had won this title for the first time two years ago at the age of 18. Then last year he was edged into 2nd place during the last round. An amazing performance over three years: Gold, Silver, Gold.

Youth Championships

Name	Event	Heat	Final
Victor Ogbonna	U12 100m	5h 12.97 (2.2)	5th 13.31 (-1.1)
Victor Ogbonna	U12 200m	3h 26.88 (1.2)	Bronze 26.93 (0.9)
Jaxon Btzos	U11 400m		4th 1.05.33
Jaxon Bitzos	U11 800m		
Isaac Aad	U11 1500m		9th 5.36.11
Lara Penney	U11 Discus		Bronze 28.32
Eleni Rikasi	U12 Shot Put		4th 8.75
Eleni Rakasi	U12 Discus		4th 28.88
Eleni Rikasi	U12 Javelin		10th 12.71
Ruby Tindall	U12 Discus		5th 25.76

Open Championships

Bryce Nolan	Open Discus		Gold 48.94
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NSW Combined Events Championships

New WAC athletes Bailey and Sienna Latanis were magnificent at the NSW Multiple Events Championships, both scoring personal best scores. Also of note were Beau Sinclair and Brodie Harkness who had to compete up an age group in the U16 where they both performed admirably. Unofficially Beau finished 1st and Brodie 2nd in the U15 age grouping. Gemma Roberts also competed well in her first ever attempt at Multis.

Bailey Latanis U18 Decathlon **Gold 5974** (100m 11.56 740, LJ 5.61 504, SP 13.94 725, HJ 1.73 569, 400 52.79 691, 110 hur 15.81 751, DT 39.65 657, PV 2.80 309, JT 30.64 308, 1500 4.33.45 722)

Jaxson Horton U16 Heptathlon **5th** 3109 (100 18.21 504, SP 9.99 485, HJ 1.46 360, 200 25.97 527, LJ 4.90 363, JT 26.72 253, 1500 4.50.30 617)

Beau Sinclair U16 Heptathlon **7th** 2732 (100 hur 15.85 750, SP 8.63 404, HJ 1.49 381, 200 25.57 559, LJ 4.84 352, JT 13.25, 73, 1500 6.13.22)

Brodie Harkness U16 Heptathlon **8th** 2673 (100 hur 16.77 6.48, SP 7.61 343, HJ 1.49 3.81, 200 27.92 382, LJ 4.22 242, JT 18.60 143, 1500 5.04.43 534)

Sienna Latanis U16 Heptathlon **Silver 4419** (90 hurd 14.13 960, HJ 1.39 502, SP 12.60 701, 200 27.82 645, LJ 4.34 388, JT 35.47 581, 2.34.15 642)

Gemma Roberts U16 Heptathlon **12th** (100 hur 16.39 667, HJ 1.36 470, SP 6.25 287, 200 29.93 487, LJ 4.31 381, JT 14.34 185, 800m 3.05.06 320) Apologies for the second email. I have just realised that I sent you an incomplete version of the document. Only a couple boxes, but still thought I should send the updated version.



Australian Championships

2023 Australian All Schools, Perth

Jayden Todoroski U14 100m heat 11.43(-1.8), Final **Gold** 11.40 (-1.4).
200m heat 23.30 (1.3), Final **Gold** 23.11 (0.8).
4x100m **Gold** 46.39, 4x200m **Gold** 1.38.76
Kunal Menon U18 110m hurdles Final **Bronze** 14.31 (-0.8)
Amelia Darek U15 Pole Vault 5th 2.65, Hammer 5th 39.27
Jaxson Horton U15 3000m walk **Silver** 14.39.91



2024 Australian Open & U20 Championships

Aleksandra Stoilova Open 100m Heats 1st 11.51 (0.7), Semi 1st 11.79(-0.8), Final **4th** 11.43 (-0.6), U20 100m Heats 1st 11.54 (-0.9), Final **Gold** 11.46 (-0.3) CR
Rashid Kabba U20 100m Heats 10.88 2nd (-2.1), **7th** Final 10.80 (1.1), 200m Heats 22.35 (-1.0), **6th** Final 21.64 (1.0), 110m Hurdles Heats 1st 14.08 (-1.0), Final **Silver** 13.97 (-0.4)
Malikye Kessie Open 100m Heats 2nd 10.72 (0.3) SB, Semis DQ, 200m Heats 3rd 22.04 (-0.6)
Cameron Banovich U20 100m Heats 4th 11.22 (2.4), 200m Heats 5th 23.04 (0.6)
Bryce Nolan Open Discus Qualification 5th 48.59, Final **6th** 48.82
Destiny McGoon 11 (5) U20 400m Hurdles Heats 5th (11th) 1:06.81 (PB), Long Jump 11th Final 5.62 (-0.5) PB
Kunal Menon U20 110m Hurdles Heats 4th (7th) 15.01 (-1.4), Final 8th 15.56 (-0.4)
Emillio Martinez U20 Discus Throw 14th 43.50 PB

2024 Australian U13 – U18 Championships

Alexsia Mathison U14 100m Heats DQ, 80m Hurdles Heats 1st 12.26 (-0.4), Final **Gold** 12.26 (-2.4)
Ruby Kernaghan U15 200m Heats 5th (12th) 26.20 (-1.3), 400m Heats 1st (2nd) 58.96, Final **Bronze** 57.91 SB
Phillip Botonis U14 800m 1 (1) 800m U14 Heats 1st (1st) 2:11.33, Final **Bronze** 2:07.55, 1500m Final **Bronze** 4:18.10
Ciara Cassilles U18 5000m walk Final **Silver** 26:06.69 SB
Alex Goetz U18 Hammer throw Final **Bronze** 59.79
Bailey Latanis U17 Decathlon **4th** 6425 PB (100m 11.60 SB, LJ 6.01 SB, SP 14.65 SB, HJ 1.76 SB, 110Hur 15.66 SB, DT 42.34, PV 3.20 SB, JT 36.32 SB, 1500m 4.27.94 SB), Shot Put Final **7th** 14.54 SB, Discus Final 10th 42.69, 110m Hurdles 4th (14th) 15.91 (-0.8)
Sienna Latanis U16 Heptathlon Final **6th** 4257 SB (90m Hur 14.96, HJ 1.45, SP 12.36 SB, 200m 28.56 SB, LJ 4.48 SB, JT 31.00 SB, 800m 2.33.52 SB), Shot Put **6th** 12.59, Discus Throw final 9th 33.40
Beau Sinclair U15 100m Heats 3rd (20th) 12.12 (-2.2), 100m hurdles Heats 2nd (3rd) 14.46 (-0.6) SB, Final **9th** 15.78 (-0.8)
Koben Best U16 100m Hurdles Heats 3rd (9th) 14.11 (-0.4) Final **9th** 14.91 (0.4)
Bronson Bzadough U16 100m Heats 4th (8th) 11.52 (-2.2) SB, Final **9th** 11.67 (0.0)
Erin Cassilles U14 3000m Walk **7th** 16.32.41
Liam Hayes U17 Long Jump Final **8th** 6.51 (-0.3) SB, Triple Jump Final 10th 12.87 (0.6)
Akeem Kabba U15 100m Hurdles 3rd (6th) 15.14 (-0.6), Final **7th** 15.30 (-0.8)
Maddison Kernaghan U17 Hammer throw Final **7th** 42.58
Brodie Harkness U15 Heptathlon **5th** 2996 (100m H 16.53, HJ 1.44 SB, SP 8.70 PB, 200m 26.91 SB, LJ 4.73 SB, JT 25.36 SB, 1500m 4.58.12 SB), 100m Hurdles Heats 8th (17th) 16.53 (-0.6)
Evanjaline McGoon U14 80m Hurdles Heats 5th (11th) 13.64 (-0.4)
Isabella Muc U16 Steeple Chase Final **8th** 7.45.60, 3000m 21st 10.58.69
Michael Mathison U14 3000m Walk 1th 16.36.37 SB
Fuinelaki Aukafolau U17 110m Hurdles Heats 4th (16th) 16.98 (-1.7), 400m Hurdles Heats 7th (20th) 66.72
Amelia Darek U16 Hammer Throw Final 13th 35.19, Pole Vault NH



New Records 2023 (October to December)

Females

10 years	Discus 500gm	Lara Penney	Treloar Shield no. 1, SOPAC	2023	Club rec	21.75
11 years	Hammer 3kg	Alexis Kernaghan	NSW Throwers Club, Greystanes	2023	Club rec	17.34
U12	4xShot Put	Eleni Rakasi, Ruby Tindall, Lara Penney, Alexis Kernaghan				
			NSW State Relays, SOPAC	2023	Club rec	38.55
12 years	80m hurdles	Alexia Mathison	NSW All Schools, SOPAC	2023	School rec	12.68
	80m hurdles	Alexia Mathison	High Velocity no. 2, Barden Ridge	2023	Club rec	12.63
12 years	80m hurdles	Alexia Mathison	NSW CHS Record, SOPAC	2023	State rec	13.14
12 years	3000m walk	Erin Cassilles	NSW Junior Championships, SOPAC	2023	Club rec	16.45.37
13 years	2000m	Lilly Twigden	NSW Milers, The Crest	2023	Club rec	8.20.95
U14	4x1500m walk	Erin Cassilles, Lilly Twigden, Madeline Kot, Georgia Watson				
			NSW STATE Relays, SOPAC	2023	Club rec	33.19.01
U/14	4x1500m	Phillip Botonis, Michael Mathison				
		Xavier Aad, Khalil Ogle	NSW State Relays, SOPAC	2023	Club rec	20.12.47
14 years	2000m	Isabella Muc	NSW Milers, The Crest	2023	Club rec	6.58.55
15 years	1 mile	Zaynab Darwiche	Illawarra Track Classic, K. McCann	2023	Club rec	5.47.42
18 years	200m	Destiny McGoon	NSW All Schools, SOPAC	2023	School rec	25.64
18 years	200m	Destiny McGoon	NSW All Schools, SOPAC	2023	Club rec	25.64
U/15	4x200m	A.Kabba, Best				
		Todoroski, Bzadough	NSW Schools Challenge	2023	School/Club rec	1.40.38
U20	100m	Aleksandra Stoilova	Charlettsville, USA	2023	Club rec	11.50

Males

11 years	100m	Victor Ogbonna	Treloar Shield no. 5, SOPAC	2023	Club rec	13.31
11 years	200m	Victor Ogbonna	Treloar Shield no 2, the Crest	2023	Club rec	28.34
12 years	800m	Khalil Ogle	NSW CHS, SOPAC	2023	School rec	2.16.41
12 years	1500m	Phillip Botonis	Treloar Shield no. 1, SOPAC	2023	Club rec	4.23.47
12 years	3000m	Phillip Botonis	NSW 3000m Champs, E.S. Marks	2023	Club rec	9.40.47
13 years	3000m	Shea Cassilles	NSW CHS, SOPAC	2023	Schools rec	10.27.47
13 years	100m	Jayden Todoroski	Treloar Shield no. 5, SOPAC	2023	School rec	11.30
13 years	100m	Jayden Todoroski	Treloar Shield no. 5, SOPAC	2023	Club rec	11.30
13 years	4x100m	Ogle, Todoroski,				
		A.Kabba, Sinclair	NSW State relays, SOPAC	2023	Club rec	48.86
U15	4x200m	Sinclair, Best	Treloar Shield Final, SOPAC	2023	Club rec	23.54
U15 mixed	4x200m	Sinclair, McGoon				
		Talbot, Best	Treloar Shield Final, SOPAC	2023	Club rec	1.46.16
18 years	200m	Rashid Kabba	NSW All Schools, SOPAC	2023	School rec	21.31
18 years	200m	Rashid Kabba	NSW All Schools, SOPAC	2023	School rec	21.31
19 years	Discus (2kg)	Bryce Nolan	Treloar Shield no. 1, SOPAC	2023	Club rec	49.97
Open	Discus (2kg)	Bryce Nolan	Treloar Shield no. 1, SOPAC	2023	Club rec	49.97
Over 30	3000m	Brett Mathison	NSW Mile Champs Kerryn McCann	2023	Club rec	13.04.99
16 years	100m	Adnan Darwiche (T20)	Treloar Shield no. 6, SOPAC	2023	Club rec	17.72
16 years	200m	Adnan Darwiche (T20)	NSW Junior Championships, SOPAC	2023	Club rec	38.01
16 years	400m	Adnan Darwiche (T20)	NSW Junior Champs, SOPAC	2023	Club rec	1.22.20
16 years	800m	Adnan Darwiche (T20)	NSW Junior Championships, SOPAC	2023	Club rec	3.29.88
16 years	800m	Adnan Darwiche (T20)	NSW Milers, The Crest	2023	Club rec	3.10.43
16 years	800m	Adnan Darwiche (T20)	Treloar Shield no. 1, SOPAC	2023	Club rec	6.44.14
16 years	800m	Adnan Darwiche (T20)	Treloar Shield no. 6, SOPAC	2023	Club rec	1.64
16 years	Shot Put	Adnan Darwiche (T20)	Treloar Shield no. 6, SOPAC	2023	Club rec	3.81

New Records 2024 (January to April)

Males

13 years	800m	Phillip Botonis	Australian Junior Champs, Adelaide	2024	Club rec	2.07.55
13 years	1500m	Phillip Botonis	NSW Milers meet, The Crest	2024	Club rec	4.14.82
13 years	1 mile	Phillip Botonis	NSW Mile Champs, K. McCann	2024	Club rec	4.37.68
14 years	1 mile	Zavier Aad	NSW Mile Champs, Kerryn McCann	2024	Club rec	5.25.38
19 years	110m hurd 99	Rashid Kabba	NSW Junior Championships, SOPAC	2024	Club rec	13.86
17 years	60m	Adnan Darwiche (T20)	NSW 60m Champs. Kerryn McCann	2024	Club rec	10.48 w (2.1)
17 years	400m	Adnan Darwiche (T20)	Junior Champs, SOPAC	2024	Club rec	1.21.18
17 years	1500m	Adnan Darwiche (T20)	NSW Mile Championships, Kerryn.	2024	Club rec	6.25.68
Open	60m	Malikye Kessie	NSW 60m Champs, Kerryn McCann	2024	Club rec	6.77

Females

11years	Shot Put 2kg	Lara Penney	NSW Regional Champs, The Crest	2024	Club rec	7.11
11 years	Javelin 500gm	Lara Penney	NSW Regional Championshipships	2024	Club rec	20.18
13 years	80m hurdles	Alexia Mathison	NSW Juniors, SOPAC	2024	Club rec	12.06
14 years	400m	Ruby Kernaghan	Australian Juniors, Adelaide	2024	Club rec	57.91
U20	100m	Aleksandra Stoilova	Austin, USA	2024	Club rec	11.36
U20	100m	Aleksandra Stoilova	Lexington, USA	2024	Club rec	11.30
Open	100m	Aleksandra Stoilova	Austin, USA	2024	Club rec	11.36
Open	100m	Aleksandra Stoilova	Lexington, USA	2024	Club rec	11.30
U20	60m (ind.)	Aleksandra Stoilova	Clemson, USA	2024	Club rec	7.39
Open	60m (ind.)	Aleksandra Stoilova	Clemson, USA	2024	Club rec	7.39
U20	200m	Aleksandra Stoilova	Orlando, USA	2024	Club rec	23.17
Open	200m	Aleksandra Stoilova	Orlando, USA	2024	Club rec	23.17
U20	300m (ind.)	Aleksandra Stoilova	Clemson, USA	2024	Club rec	39.20



Left, Aleksandra Stoilova set 10 new records during the season in 60m, 100m, 200m and 300m.

Centre, Rashid Kabba set 3 new records in 2023-24 and remains our leading male record holder with a massive total of 43 records in 60m, 100m, 200m, hurdles, relays and long jump.

Right, Phillip Botonis has set an incredible 6 records in just 6 months as a new WAC athlete in 800m, 1500m, 3000m and 1 mile.

The 2024 Westfields Athletics Club Presentation Night

Thank you to our guests:

His excellency The Consul General of Brazil Leonardo Rabelo
Australian Open 200m Champion and anchor leg of Australia's 4x100m team off to the Paris Olympics. One of Australia's greatest ever sprinters – Joshua Azzopardi
Graduating from Westfields Sports only months ago, the NRL's newest teenage sensation, Wests Tigers' Lachlan Galvin
Principal of Westfields Sports, Mr Andrew Rogers
Deputy Principals Mr David Barret, Mr Alex Larkin, Miss Daniela Zanet and Miss Carol Gajic
Director of Sport Westfields Sports, Mr Troy Weeden
Our Scholarship founders Rosemary and Wilf Mula
Our club executive Sharyn Dickson, Rebecca Best, Janet Stickler and Brett Mathison
Chief Executive Officer of Canley Heights RSL and Sporting Club, Mr Mark Gavinel
President of Canley Heights RSL and Sporting Club, Mr Ennio Facchetti
President of Club Liverpool, Mr Dallas Stewart
Vice President of Club Liverpool, Mr Brian McCormack
Our sponsors: Owner of the Sportsfactory Mr Steve Want, Cassilles Joinery, Kav Automotive, Factotum Communications and Mad Track
World Schools Games Champion, German Grand Prix Champion, Brazilian Open Champion and World Junior Championships Bronze medallist, Mr John Thornell
Westfields staff members Miss Carli Weatherby, Miss Teresa Ricapito, Miss Crystal Claveria, Miss Kanan Itautoka, Miss Antoinette Kealy-Ashby, Miss Jeni Davey and our careers advisor Miss Sharon Borg.
Our coaches, Mr Brett Mathison, Miss Sharyn Dickson, Mr Shane Castlereagh, Dan Suchy, with apologies from Mr Denis Knowles and Mr Leo Dulay
Parents, relatives and friends of Westfields

Achievement Awards

Banovich, Cameron
Darwiche, Zaynab
Kabba, salamatu
Kessie, Malikye
Lauchlan, Zachary
Long, Benjamin
Talbot, Ruby Rose
Tnokovski, Marissa
Wang, Nadia
Westwood, Benjamin

State Medallist Awards

Aukafolau, Fuinelakei
Best, Koben
Bzadough, Bronson
Cassilles, Erin
Darek, Amelia
Darwiche, Adnan
Hayes, Liam
Kabba, Akeem
Kernaghan, Alexis
Kernaghan, Maddison
Latanis, Bailey
Latanis, Sienna
Martinez, Emillio
Mathison, Michael
McGOON, Destiny
Mcgoon, Evanjaline
Muc, Isabella
Nolan, Bryce
Ogbonna, Victor
Penney, Lara (SM)
Sinclair, Beau
Tindall, Ruby SM)
Twigden, Lilly

National Medallist Awards

Botonis, Phillip
Cassilles, Ciara
Coote, Darcy
Goetz, Alex
Kabba, Rashid
Kernaghan, Ruby
Mathison, Alexia
Menon, Kunal
Aleksandra Stoilova

Event awards

Junior Female Sprinter of the year
Senior Female Sprinter of the year
Junior Male Sprinter of the year
Senior Male Sprinter of the year
Junior Female Jumper of the year
Junior Male Jumper of the year
Junior Female Middle Dist. Athlete of the year
Junior Male Middle Distance Athlete of the year
Junior Female Thrower of the year
Junior Male Thrower of the year
Senior Male Thrower of the year
Female Multiple Event athlete of the year
Male Multiple Event Athlete of the year
Male Winter Athlete of the Year
Female Winter Athlete of the year

Alexia Mathison
Aleksandra Stoilova
Rashid Kabba
Malikye Kessie
Destiny McGoon
Liam Hayes
Ciara Cassilles
Phillip Botonis
Maddison Kernaghan
Alex Goetz
Bryce Nolan
Sienna Latanis
Bailey Latanis
Michael Mathison
Erin Cassilles

Sports Factory Awards (Steve Want - Presenter)
Roger Green Award (Kevin Green –Presenter)
Fred O'Connor Award (Gary & Sarah Jenner - Presenters)
Ron White Award (Christie Baker - Presenter)
Gregory Kavadas Award (Kavadas family—Presenters)

Nadia Wang Bronson Bzadough
Michael Mathison
Liam Hayes
The Bzadough Family
Ruby Kernaghan

Athletes of the year – presenter Brett Mathison

Youth Female Athlete of the year
Youth Male Athlete of the Year
Junior Female Athlete of the year
Junior Male Athlete of the year
Senior Female Athlete of the Year
Senior Male Athlete of the year

Alexia Mathison
Beau Sinclair
Destiny McGoon
Rashid Kabba
Aleksandra Stoilova
Bryce Nolan

Adhemar Ferreira da Silva Scholarship – Presenter Rosemary Mula & Leonardo Rabelo

Winner: Ciara Cassilles



2023-24 Full Season Results

Treloar Shield 1 SOPAC 14th Oct 23

Malikye Kessie Open 100m 2nd 10.56 (2.7)
Bailey Dean Latanis U18 100m 16th 11.70 (2.8), Discus 5th 40.42, High Jump 5th 1.65
Iftikhar Mirzai U18 100m 32nd 12.52 (-0.8)
Bronson Bzadough U15 100m 1st 11.80 (NWI)
Koben Best U15 100m 5th 12.30 (-1.4)
Benjamin Long U18 400m 12th 55.41, 1500m 13th 4.37.3
Brett Mathison (35-49) 1500 4th 5.44.11, Discus 9th 18.35
Bryce Nolan Open discus 1st 49.97
Beau Sinclair U15 200m 7th 25.79 (1.8)
Phillip Botonis U15 1500m 2nd 4.23.47
Shea Cassilles U15 1500m 8th 4.37.84
Jaxson Horton U15 1500m 15th 4.47.61
Benjamin Westwood U15 1500m 19th 4.55.61
Xavier Aad U15 1500m 16th 5.00.34
Ruby Rose Talbot U15 100m 14th 13.71 (0.6)
Isabella Muc U15 1500m 8th 5.12.61
Erin Cassilles U15 13th 5.41.44
Lara Penney U12 U12 Discus 3rd 21.75
Amelia Darek U15 Pole vault 3rd 2.40

Treloar Shield 2 Campbelltown 21st Oct 23

Koben Best U18 100m hurd 3rd 14.93 (1.7)
Bronson Bzadough U15n200m 2nd 23.75 (1.8)
Kunal Menon U18 110m hurd 2nd 14.98 (0.8), 200m 14th 23.43 (1.1)
Beau Sinclair U15 200m 7th 25.79 (1.8), Shot Put 1st 11.31
Akeem Kabba U15 200m 10th 26.39 (-0.5)
Phillip Botonis U15 800m 3rd 2.17.73
Shea Cassilles U15 800m 4th 2.18.39
Jaxson Horton U15 800m 6th 2.18.92
Khalil Ogle U15 800m 7th 2.19.28
Benjamin Westwood U15 800m 11th 2.25.20
Xavier Aad 800m 13th 2.34.65
Victor Ogbonna U12 200m 1st 28.34 (0.8)
Benjamin Long U18 10th 800m 2.10.16
Alexandra Alizart Open 200m 16th 26.32 (3.0)
Ruby Rose Talbot U15 200m 8th 27.90 (1.8), Long Jump 6th 4.16 (1.7)
Isabella Muc 2nd U15 800m 2.27.64
Isabella Baptist U15 800m 9th 2.40.77

NSW Milers The Crest 26th Oct 23

Benjamin Westwood 800m 15th 2.24.80
Isabella Muc 2000m 6th 6.58.55
Lilly Twigden 2000m 9th 8.20.95

Treloar Shield 3 Campbelltown 28th Oct 23

Adnan Darwiche 100m Para 2nd 18.94 (1.2) 56.28%, 400m 1st 1.24.87 55.21%, 1500m Para 1500m 1st 6.44.14 55.80%
Malikye Kessie Open 100m 2nd 10.71 (0.5)
Brett Mathison (35-49) 1500m 4th 5.35.92, Hammer throw 1st 15.72
Bailey Latanis U18 100m 10th 11.59 (0.8)
Kunal Menon U18 100m 11th 11.60 (0.8)
Fuinelakei Aukafolau U18 100m 12.09 (0.1)
Benjamin Long U18 1500m 7th 4.37.92
Jayden Todoroski U15 1st 11.43 (0.7) (club rec)
Koben Best U15 6th 100m 11.90 (0.7)
Bronson Bzadough 7th 100m 11.91 ((0.7), 400m 7th 56.90
Benjamin Westwood U15 400m 13th 62.13
Michael Mathison U15 19yh 400m 1.17.89, 3000m walk 4th 18.37.15
Khalil Ogle U15 1500m 5th 4.35.07
Shea Cassilles U15 1500m 7th 4.42.85
Jaxson Horton U15 1500m 8th 4.47.23
Xavier Aad U15 1500m 13th 4.55.95
Michael Mathison 1500m 15th 5.46.43
Beau Sinclair 100m 14th 12.55 (0.0)
Destiny McGoan Open 100m 6th 12.73 (0.0)
Nadia Wang Open 100m 14.34 (0.0)
Maddison Kernaghan U18 Hammer throw 6th 42.81
Isabella Baptist U15 400m 15th 66.44
Alexia Mathison U15 400m 18th 69.66, Triple jump 8.87 (1.6)

2023-24 Full Season Results (continued)

Evanjaline McGoon 12th U15 100m 13.52 (1.6), Triple jump 4th 9.47 (3.3)
 Ruby Rose Talbot U15 100m 13th 13.58 (1.6), Triple Jump 8th 8.66 (2.8)
 Lilly Twigden U15 3000m walk 9th 18.22.95
 Womens 1000m sprint (100x 300m x200m x400m) Relay U15 1st 2.38.45 Club rec)

High Velocity no. 1, Barden Ridge 4th Nov 23

Malikye Kessie Open 100m 6th 10.66 (0.2)
 Rashid Kabba Open 100m 18th 10.99 (1.1)
 Kunal Menon U18 100m 68th 11.70 (0.3)
 Fuinelakei Aukafolau U18 110m hurdles 17.29 (0.9)
 Jayden Todoroski U15 100m 11.57 (0.5)
 Brodie Harkness U15 90m hurdles 15.04 (0.0)
 Victor Ogbonna U12 100m 127th 13.79 ((0.2)
 Nadia Wang Open 100m 71st 14.19 (0.0)
 Alexia Mathison U15 80m hurdles 12.63 (0.4)

NSW 3000m Championships, ES Marks 4th Nov 23

Benjamin Long 800m B 7th 2.02.45
 Phillip Botonis 3000m I 1st 9.40.47
 Shea Cassilles 3000m I 13th 10.16.04
 Khalil Ogle 3000m H 18th 10.19.52
 Xavier Aad 3000m J 15th 10.29.58
 Jaxson Horton 3000m K 3rd 10.42.79
 Benjamin Westwood 3000m K 4th 10.45.02
 Michael Mathison 3000m K 16th 12.28.16
 Brett Mathison 3000m K 17th 12.43.91
 Isabella Muc 3000m 3000m D 10.41.94

NSW State Relays, 17-19th Nov 23, SOPAC

Boys U14	4 x 100m	KOgle, Jayden Todoroski, Akeem Kabba, Beau Sinclair	48.86	Silver
Boys U14	4 x 200m	Phillip Botonis, J Todoroski, Akeem Kabba, Beau Sinclair	1.42.46	Silver
Boys U14	4 x 800m	Phillip Botonis, Xavier Aad, Shea Cassilles, Khalil Ogle	9.55.59	5 th
Boys U14	4 x 1500m	Phillip Botonis, Xavier Aad, Shea Cassilles, K Ogle	20.12.47	8 th
Boys U14	4 x Long J.	A. Kabba, J Todoroski, Victor Ogbonna, Beau Sinclair	19.13	Gold
Boys U14	4 x Shot P.	Beau Sinclair, Michael Mathison, J Todoroski, A. Kabba	27.70	4 th
Boys U14	4 x Discus	Beau Sinclair, Michael Mathison, A Kabba, Xavier Aad	64.74	4 th
Boys U16	4 x 100m	Koben Best, Liam Hayes, Fui Aukafolau, B Bzadough	44.40	Gold
Boys U16	4 x 200m	Fui Aukafolau, B Bzadough, Ifti Mirzai, Koben Best	1.35.41	Silver
Boys U16	4 x 400m	J Horton, Ben Westwood, Ben Long, Bronson Bzadough	3.49.77	4 th
Boys U18	4 x 200m	Bailey Latanis, Ben Long, Jai Horton, Ben Westwood	3.42.02	5 th
Boys U18	4 x 800m	Bailey Latanis, Ben Long, Jai Horton, Ben Westwood	9:08.29	5 th
Boys U18	4 x Long J.	Liam Hayes, Bronson Bzadough, Fui Aukafolau, Koben Best	22.52	4 th
Boys U18	4 x Shot P.	Bailey Latanis, Emillio Martinez, Jayden Tran, Jai Horton	93.92	7 th
Boys Open	4 x 1500mW	Ciara Cassilles, J Horton, Michael Mathison, Raven Pyda	30.45.96	Silver
Girls U14	4 x 100m	Sally Kabba, Alexia Mathison, Lilly Twigden, Evi McGoon	55.51	7 th
Girls U14	4 x 200m	Sally Kabba, Evi McGoon, Alexia Mathison, Emily Kot	1.53.28	6 th
Girls U14	4 x 800m	Madeline Kot, Lilly Twigden, Erin Cassilles, Claudia Aad.	11.32.54	4 th
Girls U14	4 x 1500mW	Erin Cassilles, Lilly Twigden, M Kot, Georgia Watson	33.19.01	Gold
Girls U14	4 x Shot P.	Eleni Rakasi, Ruby Tindall, Lara Penney, A Kernaghan	32.70	Gold
Girls U14	4 x Long J.	Evi McGoon, Alexia Mathison, Emily Kot, Sally Kabba	15.67	5 th
Girls U14	4 x Shot P.	Alexia Mathison, Ruby Kernaghan, E Rakasi, R Tindall	32.70	Bronze
Girls U14	4 x Discus	Alexia Mathison, Ruby Kernaghan, Eleni Rakasi, Ruby Tindall	73.36	6 th
Girls U16	4 x 100m	Gemma Roberts, Ruby Talbot, A Darek, Sienna Latanis	52.91	14 th
Girls U16	4 x 400m	Georgia Watson, Isabella Baptist, Isabella Muc, Claudia Aad	4.42.64	5 th
Girls U16	4 x 800m	Lilly Twigden, I Baptist, Isabella Muc, Erin Cassil-		
les	10:59.70	Bronze		
Girls U18	4 x 400m	Olivia Pyda, M Kot, Madeline Baptist, Marissa Tnokovski	4.46.54	6 th
Girls U18	4 x Shot P.	Maddie Kernaghan, A Darek, Sienna Latanis, Olivia Pyda	38.55	5 th
Girls Open	4 x Discus	Maddie Kernaghan, A Darek, Sienna Latanis, Olivia Pyda	101.52	10 th
Mixed U14	4 x 400m	Phillip Botonis, K Ogle, Emilly Kot, ??	4.06.27	Silver
Mixed U16	4 x 100m	Sienna Latanis, Bronson Bzadough, R. Talbot, K. Best	48.60	5 th

Treloar Shield 4 Mingara 11th Nov 23

Ruby Rose Talbot U15 100m H2 5th 13.33 (2.6), 200m 3rd 27.95 (2.1), Long jump 3rd 4.25 (1.3)
 Alexia Mathison U15 H2 5th 13.45 (2.6), Long jump 2nd 4.33 (3.01)
 Erin Cassilles U15 3000m walk 4th 16.41.16
 Lilly Twigden U15 3000m walk 9th 18.19.10
 Madeline Kot U15 3000m walk 10th 18.48.98
 Rashid Kabba Open 100m H1 2nd 3rd 10.99 (0.5)
 Bronson Bzadough U15 100m 2nd 11.74 (2.8), 200m 2nd 23.44 (1.7), Discus 7th 21.26

2023-24 Full Season Results (continued)

Beau Sinclair U15 100m 7th 12.42 (4.7), Discus 8th 20.49
Shea Cassilles U15 800m 5th 2.16.30
Benjamin Long U15 800m 4th 2.04.86
Michael Mathison U15 3000m Walk 4th 17.16.00, Shot put 3rd 5.97
Raven Pyda Open 5000m walk 5th 26.09.50
Brett Mathison 35-49 800m 6th 2.36.33

Treloar Shield 5 25th Nov 23

Adnan Darwiche Para 100m 3rd 18.55 (1.5), 400m 2nd 1.24.6, 1500m 1st 6.16.42
Victor Ogbonna U12 100m 1st 13.31 (1.3)
Isaac Aad U12 1500m 4th 5.34.43
Michael Mathison U12 400m 13th 1.19.81
Jayden Todoroski U15 100m 1st 11.30 (0.2)
Brodie Harkness U15 90m hurdles 4th 14.29 (0.6), Triple Jump 5th 9.95
Bronson Bzadough U15 100m 4th 11.86 (0.2)
Koben Best U15 100m 4th 11.86 (0.2), 100m hurdles 3rd 14.47 (1.4)
Jaxson Horton U15 5th 400m 59.73, 1500m 12th 4.47.91, Discus 6th 35.21
Benjamin Long U15 400m 15th 55.23, 1500m 23rd 4.46.49
Khalil Ogle U15 1500m 9th 4.41.02
Benjamin Westwood U15 1500m 15th 4.58.45
Kunal Menon U18 100m 12th 11.59 (0.5), 110m hurdles 1st 14.42 (0.7)
Fui Aukafolau U18 100m 14th 11.63 (2.4), 110m hurdles 4th 16.41 (0.7)
Joshua Jones U18 100m 36th 12.29 (2.4)
Rashid Kabba Open 100m 5th 10.90 (0.9)
Bryce Nolan Open Discus 1st 47.77
Brett Mathison vet Discus 8th 18.90
Ruby Talbot U15 100m 10th 13.26 (0.9), Triple Jump 10th 8.66 (0.5)
Claudia Aad U15 1500m 3rd 6.01.08
Alexia Mathison U15 100m 11th 13.54 (0.9) 80m hurdles 2nd 12.74 (NWI)
Sienna Latanis U15 100m 12th 13.60 (0.9), 90m hurdles 4th 13.94 (0.4), High Jump 11th 1.40
Isabella Muc U15 1500m 5th 5.02.11
Nadia Wang Open 100m 17th 14.06 (0.7)

10,000m Walk Championships

Raven Pyda Open 7th U20 6th) 54.55.28

Treloar Shield 6 SOPAC 2nd Dec 23

Adnan Darwiche Para 100m 2nd 17.72 (0.5), 200m 1st 38.05 (-0.6), Long J 4th 1.64 (0.5), Shot P. 2nd 3.81
Beau Sinclair U15 100m 11th 12.50 (-0.1), 200m 12th 25.92 (0.1), Long J. 4th 4.75 (1.8)
Jaxson Horton U15 100m 17th 13.17 (-1.5), 13th 29.93 (2.0), 800m 8th 2.16.12, Long J. 3rd 5.12 (-0.2)
Benjamin Westwood U15 800m 17th 2.23.88, 2000m Steeple Chase 9th 7.36.33
Malikye Kessie Open 100m 6th 10.85 (-0.3)
Rashid Kabba Open 100m 17th 11.07 (-0.3)
Kunal Menon U18 100m 14th 11.60 (0.6)
Nadia Wang Open 100m 37th 14.04 (1.3)
Ruby Rose Talbot U15 100m 8th 13.21 (0.6), 200m 7th 27.37 (1.5), Long J. 4th 4.36 (-0.1),
Gemma Roberts U15 100m 12th 14.17 (0.6), 200m 13th 29.54 (1.5), Long J. 7th 4.06 (-0.3)
Sienna Latanis U15 200m 10th 29.99 (1.5), 800m 5th 28.86, Javelin 1st 35.39, Long J. 5th 4.22 (1.3), Shot P. 1st 12.59

Isabella Muc U15 800m 7th 2.30.42, 2000m Steeple Chase 7th 8.40.08

Treloar Shield U15's Final, 16th Dec, 2023, SOPAC

Koben Best 100m 2nd 11.64 (0.5), LJ 1st 5.61 (-0.9)
Beau Sinclair 100m 5th 12.53 (0.5), JT 6th 16.71
Jaxson Horton 400m 4th 57.22, HJ 6th 1.45, JT 2nd 23.62, SP 11.01 2nd 11.01
Phillip Botonis 400m 5th 58.64, 1500m 3rd 4.40.14
Benjamin Westwood 400m 7th 60.57, HJ 4th 1.45
Khalil Ogle 400m 9th 60.82
Jayden Tran SP 3rd 8.90
Ruby Talbot 100m 13.29 6th NWI
Evanjaline McGoan 100m 13.75 8th NWI, HJ 1st 1.45, LJ 3rd 4.40 (0.5)
Gemma Roberts 100m 14.03 9th NWI, HJ 5th 1.35, LJ 4th 4.19 (-0.5)
Isabella Baptist 400m 7th 68.28
Isabella Muc 400m 8th 69.68, 4th 5.19.24
Erin Cassilles 1500m 5th 5.38.67
Lilly Twigden 1500m 7th 6.04.90
Sienna Latanis JT 2nd 31.64
Eleni Rakasi SP 2nd 8.54, JT 6th 11.48
Ruby Tindall SP 3rd 8.32
Womens 2x100m 3rd 26.76 (Ruby Talbot, Evanjaline McGoan)

2023-24 Full Season Results (continued)

Mens 2x100m 1st 23.54 (Koben Best, Beau Sinclair)

Mixed 4x200 2nd 1.46.16 (Beau Sinclair, Evanjaline McGoon, Ruby Talbot, Koben Best)

Overall Results Treloar Shield Final (U15's):

Hornsby District 475 points 1st

Westfields 465 points 2nd

Cherrybrook 458 3rd

High Velocity, Campbelltown 23rd Dec 23

Cameron Banovich 100m 5th 10.90 (2.2)

Jayden Todoroski 100m 34th 11.39 (1.9), 200m 18th 22.68 (3.1)

Fui Aukafolau 100m 50th 11.67(1.7), 400m hurdles 7th 1.03.71

Destiny McGoon 100m 35th 12.89 (0.0), 400m hurdles 12th 1.10.76

Evanjaline McGoon 100m 57th 13.64

Illawong High Velocity, 6th Jan 2024, The Ridge

Kunal Menon 100m 33rd 11.59 (-0.2), 110m Hur 99cm 2nd 15.52 (0.6)

Koben Best 100m 44th 11.88 (-1.0), 100m Hur 2nd 14.36 (-0.5)

Liam Hayes 100m 46th 11.93 (-2.4)

Beau Sinclair 100m 60th 12.32 (-1.4), 100m Hur 5th 15.21 (1.0), 200m 54th 25.77 (-1.3)

Victor Ogbonna 100m 76th 13.18 (-0.4)

Destiny McGoon 100m 40th 13.04 (0.2), 200m 27th 27.25 (-0.7)

Alexia Mathison 100m 57th 13.82 (-1.3), 80m Hur 1st 12.89 (0.0), 200m 48th 28.67 (-0.6)

Sienna Latanis 100m 59th 13.91 (-1.4), 90m Hur 3rd 14.05 (0.3), Shot P (3kg) 1st 12.31

Evanjaline Mcgoon 100m 62nd 14.03 (-2.0), 80m Hur 4th 13.98 (0.0)

Salamatu Kabba 100m 72nd 100m (-2.6)

Akeem Kabba 100m Hur 6th 15.52 (1.0)

Brodie Harkness 100m Hur 8th 16.39 (1.0)

Bailey Latanis 110m Hur 91cm 4th 15.75 (-1.3), 200m 34th 24.17 (-1.4), Shot P (5kg) 2nd 13.64

Rashid Kabba 110m Hur 99cm 14.39 (0.6)

Cameron Banovich 200m 20th 23.43 (-3.0)

Illawarra Track Classic & 60m NSW Championships, 13th Jan 2024, Kerryn McCann Sports Centre

Nadia Wang 60m 34th 8.64 (3.6), 100m 77th 13.79 (2.9)

Malikye Kessie 60m 13th 6.77 (1.0), 100m 11th 10.45 (4.6)

Rashid Kabba 60m 19th 6.84 (2.9), 10.60 20th (4.6)

Beau Sinclair 60m 4th 7.77 (2.2), 100m 115th 12.32 (1.3), Long J 2nd 5.00 (0.0)

Sally Kabba 60m 5th 8.91 (0.7), 100m 80th 14.37 (2.9)

Adnan Darwiche 60m Bronze (AWD) 10.48 (2.1)

Akeem Kabba 100m 122nd 13.11 (1.9), Long J. 4th 4.66 (0.0)

Victor Ogbonna Long J 5th 4.03 (0.0)

Zaynab Darwiche Mile Gold 6.25.68

Isaac Aad 1 mile 5th 6.05.29

Claudia Aad 1 mile 5th 6.25.48

Xavier Aad 1 mile 11th 5.25.38

Benjamin Westwood 12th 5.36.65

Phillip Botonis 1 mile Gold 4.37.68

NSW Milers, The Crest Bankstown, 18th Jan 2024

Shea Cassilles Open 800m 36th 2.18.71

Benjamin Westwood Open 800m 2.24.96

NSW Combined Events Championships, SOPAC 27-28 Jan 2024

Bailey Latanis U18 Decathlon **Gold 5974** (100m 11.56 740, LJ 5.61 504, SP 13.94 725, HJ 1.73 569, 400 52.79 691, 110 hur 15.81 751, DT 39.65 657, PV 2.80 309, JT 30.64 308, 1500 4.33.45 722)

Jaxson Horton U16 Heptathlon 5th 3109 (100 18.21 504, SP 9.99 485, HJ 1.46 360, 200 25.97 527, LJ 4.90 363, JT 26.72 253, 1500 4.50.30 617)

Beau Sinclair U16 Heptathlon 7th 2732 (100 hur 15.85 750, SP 8.63 404, HJ 1.49 381, 200 25.57 559, LJ 4.84 352, JT 13.25, 73, 1500 6.13.22)

Brodie Harkness U16 Heptathlon 8th 2673 (100 hur 16.77 6.48, SP 7.61 343, HJ 1.49 3.81, 200 27.92 382, LJ 4.22 242, JT 18.60 143, 1500 5.04.43 534)

Sienna Latanis U16 Heptathlon **Silver 4419** (90 hurd 14.13 960, HJ 1.39 502, SP 12.60 701, 200 27.82 645, LJ 4.34 388, JT 35.47 581, 2.34.15 642)

Gemma Roberts U16 Heptathlon 12th (100 hur 16.39 667, HJ 1.36 470, SP 6.25 287, 200 29.93 487, LJ 4.31 381, JT 14.34 185, 800m 3.05.06 320)

Additional events

Kunal Menon Open 100m 22nd 11.56 (0.3), U20 110 hur 15.57 (-1.8)

2023-24 Full Season Results (continued)

Liam Hayes Open 100m 25th 11.60 (-0.7)
Bronson Bzadough Open 100m 37th 11.82 (0.4), 200m 29th 24.10 (0.9)
Koben Best Open 41st 11.87 (0.3), 100m hur 1st 14.60 (-1.8), 200m 32nd 24.34 (0.4)
Rashid Kabba U20 110 hur 1st 14.83 (-1.8)
Jayden Todoroski Open 100m, 47th 11.99 (-1.3)
Phillip Botonis Open 1500 6th 4.25.08
Benjamin Westwood 2000m SC 9th 7.44.58

ACT Open & U20 Championships 28th Jan 24

Cameron Banovich U20 100m heat 5th 10.94 (0.9), Final 5th 10.67 (2.2)
Rashid Kabba Open 100m 33rd 10.92 (0.8)
Malikye Kessie Open 100m 24th 10.78 (1.0), Semi Final 26th 10.63 (2.4), 200m heats 15th 21.75 (0.6)
Bryce Nolan Discus Bronze 47.12

NSW Regional Championships (Sydney SW & Sydney NW), The Crest, Bass Hill, 4th Feb 2024

John Bitzos U11 400m 1st 1.07.21, 800m 1st 2.40.20
Lara Penney U11 1500m 1st 6.11.14, DT (500) 1st 20.18, SP (2kg) 1st 7.11
Eleni Rakasi U12 DT (750) 1st 24.53, SP (3kg) 1st 8.95
NSW 5000m Championships & additional events
Benjamin Long Open 800m 42nd 2.06.56

ACT Junior Championships, Woden 17th Feb 2004

Beau Sinclair U15 100m hur **Gold** 15.43 (-2.4), 100m 5th 12.13 (2.1), LJ **Silver** 4.94 (0.4)
Darcy Cote U15 100m **Silver** 11.53 (2.1)
Akeem Kabba U15 100m hur **Bronze** 15.92 (-2.4), 100m 9th 13.19 (2.1)
Koben Best U16 100m Hurdles **Gold** 14.74 (-1.6), 100m **Silver** 11.64 (1.5)
Liam Hayes U17 100m 4th 11.29 (2.0), Long Jump **Bronze** 6.48 (0.0)
Fuinelaki Aukafolau U17 110m hurdles **Silver** 15.60 (0.2), 100m 7th 11.68 (2.0)
Rashid Kabba (non championship) 100m 2nd 10.69 (1.6), 110m Hurdles 1st 14.46 (1.8)
Bronson Bzadough U16 100m **Bronze** 11.65 (1.5), 400m **Silver** 54.08

NSW Milers 22nd Feb 2024, The Crest

Khalil Ogle U14 800m 2nd 2.14.64,
Benjamin Long U17 800m 5th 2.04.30
Phillip Botonis U14 1500m 1st 4.14.82
Xavier Aad U15 1500m 10th 4.49.95
Zachary Lachlan U14 1500m 5.44.45
Isabella Muc U16 1500m 8th 5.11.85

High Velocity Meet, Campbelltown, 24th Feb 2024

Males

Rashid Kabba Open 100m 7th 10.76 (2.2)
Jayden Todoroski Open 100m 72nd 11.57 (0.9), 200m 29th 23.58 (-0.9)
Kunal Menon Open 100m 83rd 11.66 (0.7)
Bronson Bzadough Open 100m 85th 11.73 (1.3), 200 hur 4th 30.64 (-1.9)
Fuinelakei Aukafolau Open 100m 91st 11.80 (0.7), 400 hur 84cm 6th 60.95
Beau Sinclair Open 100m 99th 11.90 (1.1), 200m 62nd 25.03 (-2.8)
Akeem Kabba Open 100m 126th 13.07 (1.2)
Victor Ogbonna Open 100m 129th 13.30 (2.7), 200m 71st 29.53 (-2.8)
Bryce Nolan Open DT 3rd 47.10
Michael Mathison DT 1kg 10th 21.34
Brodie Harkness HJ 14th 1.40

Females

Ruby Kernaghan Open 100m 45th 12.97 (1.0), 200m 32nd 26.91 (-1.0)
Alexia Mathison Open 100m 64th 13.42 (1.2), 200m hur 1st 31.51 (-2.5)
Evanjaline McGoon Open 100m 68th 13.53 (2.2), HJ 13th 1.40, LJ 16th 4.41 (NWI)
Ruby Rose Talbot Open 100m 69th 13.58 (1.0), 200m 60th 28.75 (-1.9), LJ 15th 4.44 (NWI)
Nadia Wang Open 100m 77th 13.74 (2.2)
Sienna Latanis Open 200m hur 2nd 32.41 (-2.5), DT 5th 30.82
Destiny McGoon 400 hur 8th 68.88, LJ 4th 5.20 (0.0)
Isabella Muc 2000m SC 4th 8.10.24
Eleni Rakasi DT 7th 26.90

2023-24 Full Season Results (continued)

NSW Junior Championships SOPAC, 8th – 10th March 2024

Rashid Kabba U20 100m 10.77 (0.1) heat, **Gold** 10.53 (1.3), 110m hurd. **Gold** 13.86 (-0.3), 200m 21.66 (1.8) heat, **Silver** 21.47 (1.1)
Darcy Coote U15 100m 11.63 (2.1) heat, **Gold** 11.52 (1.1)
Alexia Mathison U14 80m hurd. **Gold** 12.06 (1.8), U16 200m hurd. **Gold** 29.69 (1.7), 100m 13.19m (0.7), 13.39 7th (-1.2)
Phillip Botonis U14 800m **Gold** 2.08.18, 1500 **Gold** 4.22.32
Isabella Muc U15 2000m SC **Gold** 7.39.89, 3000m 8th 11.28.26
Amelia Darek U16 Pole Vault **Gold** 2.80, Hammer Throw **Bronze** 40.38
Beau Sinclair U15 100m 11.77 (3.1) **Silver** 11.91 (1.1), 100m hurd. **Silver** 15.08 (0.8), Long Jump, **Bronze** 5.29 (0.3)
Evanjaline McGoon U14 80m hurd. **Silver** 13.14 (1.8), HJ 9th 1.45, TJ 5th 10.16 (0.0)
Adnan Darwiche U20 1500m Para **Silver** 6.55.23, 400m 4th 1.21.18, 800m DQ
Alex Goetz U18 Hammer Throw **Silver** 58.80, Discus 5th 42.40
Akeem Kabba U15 100m hurd. **Bronze** 15.58 (0.8), LJ 6th 4.92 (-0.5)
Kunal Menon U20 110m hurd. **Bronze** 14.89 (-0.3)
Koben Best U16 200m hurd. **Bronze** 28.09 (1.3), Koben Best 100m 11.70 (NWI), 11.88 10th (2.2) 100m hurdles 14.28 heat (0.1), 5.58 10th (0.1)1, LJ 4th 5.64
Ruby Kernaghan U16 400m 60.99 **Bronze** 58.97, 200m 26.38 (0.1), 26.43 7th (-1.3)
Erin Cassilles U14 3000m Walk **Bronze** 16.17.50
Sienna Latanis U16 Discus Throw **Bronze** 34.03, U16 Shot Put **Bronze** 12.59, 90m hurdles (DQ), 200m hurdles 31.97 5th (1.5), Javelin 4th 35.54
Maddison Kernaghan U17 Hammer Throw **Bronze** 47.91, JT 9th 29.95, SP 5th 11.37
Liam Hayes U17 Long Jump **Bronze** 6.35, 100m 11.44 (1.2), Triple Jump 4th 12.92 (0.1)
Destiny McGoon U20 Long Jump **Bronze** 5.61, 100m 12.87 (0.1), 12.82 10th (0.2), 400m hurdles 7th 71.38
Bailey-Dean Latanis U18 Pole Vault **Bronze** 2.80, Discus Throw **Bronze** 43.30, Shot Put **Bronze** 14.06
Cameron Banovich U20 100m 11.05 (1.4) heat, 11.06 9th (1.3), 200m 22.53 (1.1)
Fui Aukafolau U17 100m 11.62 (1.2), 110m hurdles 15.78 (-1.2), 15.77 5th (0.9), 400m hurdles 10th 62.22
Ruby Rose Talbot U16 100m 13.38 (1.3), LJ 12th 4.79 (0.0), 200m 27.66(-0.6), TJ 10th 9.36 (-1.1)
Bronson Bzadough U16 100m 11.61 (NWI), 11.72 9th (2.2). 200m 23.69 (0.4), 23.56 7th (-0.5, 400m 59.85 12th
Brodie Harkness U15 100m hurdles 5th 16.01 (0.8)
Gemma Roberts U16 200m hurdles 34.48 7th (1.5), TJ 9th 9.46 (0.4)
Zainab Darwiche U16 400m 10th 61.20, 800m 17th 2.35.12
Benjamin Long U16 800m 19th 2.08.13
Zachary Lauchlan U14 800m 27th 2.56.36
Xavier Aad U15 1500m 4.55.95 12th 3000m 10.35.93
Benjamin Westwood U16 1500m 4.55.90, 2000m SC 11th 7.17.76
Lilly Twigden U15 2000m SC 8th 9.39.36, 3000m walk 4th 18.02.15
Michael Mathison U14 3000m walk 4th 16.56.89, discus 7th 22.12, Hammer 7th 15.96
Madeline Kot U14 3000m walk 8th
Georgia Watson U14 3000m walk 9th 19.16.49
Ciara Cassilles U18 5000m walk 4th 27.14.39
Emillio Martinez U20 discus 4th 44.12



Australian Open & U20 Championships

Aleksandra Stoilova Open 100m Heats 1st 11.51 (0.7), Semi 1st 11.79(-0.8), Final 4th 11.43 (-0.6), Open 100m Heats 1st 11.54 (-0.9), Final **Gold** 11.46 (-0.3) CR
Rashid Kabba U20 100m Heats 10.88 2nd (-2.1), 7th Final 10.80 (1.1), 200m Heats 22.35 (-1.0), 6th Final 21.64 (1.0), 110m Hurdles Heats 1st 14.08 (-1.0), Final **Silver** 13.97 (-0.4)
Malikye Kessie Open 100m Heats 2nd 10.72 (0.3) SB, Semis DQ, 200m Heats 3rd 22.04 (-0.6)
Cameron Banovich U20 100m Heats 4th 11.22 (2.4), 200m Heats 5th 23.04 (0.6)
Brycen Nolan Open Discus Qualification 5th 48.59, Final 6th 48.82
Destiny McGoon 11 (5) U20 400m Hurdles Heats 5th (11th) 1:06.81 (PB), Long Jump 11th Final 5.62 (-0.5) PB
Kunal Menon U20 110m Hurdles Heats 4th (7th) 15.01 (-1.4), Final 8th 15.56 (-0.4)
Emillio Martinez U20 Discus Throw 14th 43.50 PB

Australian U13 – U18 Championships

Aleksia Mathison U14 100m Heats DQ, 80m Hurdles Heats 1st 12.26 (-0.4), Final **Gold** 12.26 (-2.4)
Ruby Kernaghan U15 200 Heats 5th (12th) 26.20 (-1.3), 400m Heats 1st (2nd) 58.96, Final **Bronze** 57.91 SB
Phillip Botonis U14 800m 1 (1) 800m U14 Heats 1st (1st) 2:11.33, Final **Bronze** 2:07.55, 1500m Final **Bronze** 4:18.10
Ciara Cassilles U18 5000m walk Final **Silver** 26:06.69 SB
Alex Goetz U18 Hammer throw Final **Bronze** 59.79
Bailey Latanis U17 Decathlon 4th 6425 PB (100m 11.60 SB, LJ 6.01 SB, SP 14.65 SB, HJ 1.76 SB, 110m 15.66 SB, DT 42.34, PV 3.20 SB, JT 36.32 SB, 1500m 4:27.94 SB), Shot Put Final 7th 14.54 SB, Discus Final 10th 42.69, 110m Hurdles 4th (14th)
Sienna Latanis U16 Heptathlon Final 6th 4257 SB (90m Hur 14.96, HJ 1.45, SP 12.36 SB, 200m 28.56 SB, LJ 4.48 SB, JT 31.00 SB, 800m 2:33.52 SB), Shot Put 6th 12.59, Discus Throw final 9th 33.40
Beau Sinclair U15 100m Heats 3rd (20th) 12.12 (-2.2), 100m hurdles Heats 2nd (3rd) 14.46 (-0.6) SB, Final 9th 15.78 (-0.8)
Koben Best U16 100m Hurdles Heats 3rd (9th) 14.11 (-0.4) Final 9th 14.91 (0.4)
Bronson Bzadough U16 100m Heats 4th (8th) 11.52 (-2.2) SB, Final 9th 11.67 (0.0), 200m heats 7th 24.09 (-2.0)
Erin Cassilles U14 3000m Walk 7th 16:32.41
Liam Hayes U17 Long Jump Final 8th 6.51 (-0.3) SB, Triple Jump Final 10th 12.87 (0.6)
Akeem Kabba U15 100m Hurdles 3rd (6th) 15.14 (-0.6), Final 7th 15.30 (-0.8)
Maddison Kernaghan U17 Hammer throw Final 7th 42.58
Brodie Harkness U15 Heptathlon 5th 2996 (100m H 16.53, HJ 1.44 SB, SP 8.70 PB, 200m 26.91 SB, LJ 4.73 SB, JT 25.36 SB, 1500m 4:58.12 SB), 100m Hurdles Heats 8th (17th) 16.53 (-0.6)
Evanjaline McGoon U14 80m Hurdles Heats 5th (11th) 13.64 (-0.4)
Isabella Muc U16 Steeple Chase Final 8th 7:45.60, 3000m 21st 10:58.69
Michael Mathison U14 3000m Walk 1th 16:36.37 SB
Fuinelaki Aukafolau U17 110m Hurdles Heats 4th (16th) 16.98 (-1.7), 400m Hurdles Heats 7th (20th) 66.72
Amelia Darek U16 Hammer Throw Final 13th 35.19, Pole Vault NH
Darcy Coote U15 100m heat 1st 11.57 (1.5), Final **Bronze** 11.59 (-1.5)

Winters Season 2023

NSW Short Walks Championships

Ciara Cassilles U18 3000m Walk **Gold** 15.15.00

Erin Cassilles U14 2000m Walk **Silver** 11.01.11

Lilly Twigden U14 2000m Walk **Bronze** 11.05.00

Madeline Kot U14 2000m Walk 8th 12.00.00

Lara Penney U12 1000m Walk 9th 6.39.00

Raven Pyda U20 10000m Walk **Gold** 52.03.00

Michael Mathison U14 2000m Walk 5th 11.29.00

NSW Cross Country Relays

Girls U14 14th/19 35.14 Erin Cassilles 17th 8.34, Madeline Kot 16th 8.58, Emily Kot 14th 8.27, Alexia Mathison 15th 9.14

Girls U16 8th/8 Zainab Darwiche 4th 12.15, Lilly Twigden 8th 15.01, R Kernaghan 7th 12.48, I Baptist 6th 14.24.

Girls U18 11th/12 Ciara Cassilles 8th 13.14, Olivia Pyda 9th 14.18, Madeline Baptist 12th 15.10, Isabella Muc 10th 13.36

Boys U14 15th/19 Khalil Ogle 10th 7.07, Michael Mathison 17th 8.46, Zavier Aad 8th 7.39, Shea Cassilles 17th 8.38

Boys U18 11th/13 Benjamin Long 10th 10.58, Jai Horton 11th 11.57, Benjamin Westwood 11th 11.53, Jaxson Horton 12th 11.30

Lachlan Baptist U20 3000m **Bronze** 10.57

NSW Team Walk Relays

Girls U14 3km **Gold** Erin Casilles 2nd 16.14, Madeline Kot 7th 18.02, Lilly Twigden 8th 19.01

NSW Short Course Cross Country

Girls U10/U12 2km Lara Penney 22nd 7.18

Girls U14 2km Erin Cassilles 33rd 8.09, Lilly Twigden 40th 8.40, Alexia Mathison 43rd 10.08

Girls U15 3km Isabella Muc 11th 11.57, Isabella Baptist 20th 14.18

Boys U14 2km Khalil Ogle 19th 6.56, Shea Cassilles 24th 7.01, Michael Mathison 40th 8.49

Boys U15/U16 3km Jaxson Horton 19th 11.13

Boys 15 3km Benjamin Long 24th 11.03

Boys Open Para Adnan Darwiche 8th 10.39

NSW Long Walks

Boys U14 3000m Michael Mathison **Silver** 16.54



Westfields Athletics Club
2024 Annual General Meeting

22nd July 2024 6.00pm at Westfields Sports meeting room.

Attendance: Janet Stickler, Dan Suchy, Victor Ogbonna, Margaret Jabbie, Brett Mathison, Selene Cassilles, Shannon Bzadough, Rebecca Best, Rebecca Best, Danielle Banovich, Rebecca Kay, Zaynab Darwiche, Adnan Darwiche, Beau Sinclair, Nicole Jones

Apologies: Sharyn Dickson, Kelly Darek, Ramon Hayes, Nicole Muc, Destiny McGoon, Benjamin Long/parent,.

Presidents report:

Dan congratulated the recent addition of WAC member Aleksandra Stoilova's addition to the Australian 4x100m relay team and will wear the Australian colours as a Paris Olympian. She becomes our third Olympian at 7 Olympic Games. He thanked Canley Heights RSL & Sporting Club for their generous support (\$20,000.00 during the 2023-24 season). He also thanks all other donors (Club Liverpool, Cassilles Joinery, Mad Track, Kav Automotive, The Sports Factory, and all the parents and friends of WAC who have given their time and effort in supporting our athletes. Particular thanks to our Adhemar Scholarship founders Rosemary and Wilf Mula whom have contributed close to \$100,000.00 since the 1st scholarship was awarded in in 2023.

Special mention to the Bzadough family and Bunnings Bonntrigg who allowed us to raise over \$4,000.00 towards assisting our International athletes. WAC gave almost \$30,000 in assistance to our 31 Athletes who competed at National Championships (\$300 each) and our 4 athletes who competed at International Championships (\$1000 each for Oceania and \$2000 each for World Juniors).

Finally he congratulated all our club members for their brilliant performances throughout the season. They were outstanding in brining home 14 National medals and almost 100 State medals.

Accepted: Shannon Bzadough, seconded Selene Cassilles. Passed unanimously.

Honorary Treasurer's report:

Dan delivered the report on behalf of Janet (Treasurer).

He referred the meeting to the last page of the annual report which has the breakdown of transactions from 1/8/23 to 31/7/24. Summary below:

Opening Balance	\$31,309.51
Total Income	\$28,949.51
Total Expenditure	\$36,276.55
Closing Balance	\$23,982.47

Accepted: Janet Stickler, seconded Brett Mathison. Passed unanimously

Election of office bearers for 2024-25.

Nominations:

President: Dan Suchy—only nomination, elected.

Secretary: Brett Mathison—only nomination, elected.

Honorary Treasurer: Janet Stickler—only nomination, elected.

Vice Presidents: Sharyn Dickson, Danielle Banovich, Shannon Bzadough, Selene Cassilles. All five nominations elected.

General Business:

Dan thanked Beau Sinclair for his tireless work and enthusiasm throughout the season.

Meeting closed 6.35pm

WESTFIELDS ATHLETICS CLUB/STATEMENT OF RECEIPTS/ PAYMENTS 1/08-2023 – 31/7/2024

Opening Balance **\$31,309.51**

INCOME RECEIVED FROM

Annual Presentation (Collected from attendees)	\$2855.00
Donations	\$700
Category 2 Funding (CHRSL \$10,000.00 & Club Liverpool \$6000.00)	\$16000.00
Registrations (\$20 per athlete capitation both dual and WAC)	\$1260.00
Bunnings BBQ (29/11/23 & 27/4/24)	\$4692.50
Trivia Day	\$3226.00
Miscellaneous/uniforms	\$216

TOTAL INCOME **\$28,949.51**

EXPENDITURE

Annual Presentation (Cost of meals and drinks for attendees)	\$3545.00
Assistance to Nationals (Perth & Adelaide)	\$11640.00
Annual Presentation (International assistance, Prizes, Scholarship)	\$12,270.00
Miscellaneous (CHRSL mid year show)	\$585.00
Athletics NSW (Entries (\$1815, Affiliation fees \$800)	\$2595.00
Sports Factory (Competition Uniforms)	\$3366.00
Professional services (Transport of Poles, appearance fees)	\$524.00
Equipment	\$1115.27
Bunnings BBQ Supplies	\$636.28

TOTAL EXPENDITURE APPLIED **\$36,276.55**

FINAL BALANCE **\$23,982.47**

