

2023 NSW All Schools (Combined results—Junior and Senior)

Held over two separate weekends the athletes of Westfields Sports were outstanding. None more so than year 7 student **Alexia Mathison**. Only a month earlier Alexia had broken the NSW CHS State record winning the girls 12's 80m hurdles in 13.12 breaking the previous record set 19 years ago in 2004. However no one expected what was about to happen at the All Schools. Into a strong -1.7 m/s headwind she smashed that P.B. with an incredible 12.68 seconds to take the Gold again. Adjusting the wind to a legal tailwind, Alexia was on target to break the All Schools record as well. Also in the same race was **Evi McGoon** finishing 4th with a P.B. into the same headwind.



Jayden Todoroski of year 8 was determined to win the sprint double (2022 he was beaten into second place in the 200m). In the 100m, he did not hit the lead until about 30 metres to go when his well known strong finish took over. He won the Gold in 11.61 just 0.01 short of his p.b. into a headwind. Then came the 200m where he was determined to redeem himself. Into another headwind Jayden ran the fastest time in Australia this year; 23.31 for a new p.b.



Other students during the Junior section of the NSW All Schools who became State Champions were **Amelia Darek** in 14's Pole Vault, **Michael Mathison** in 12's 3000m walk and **Jaxson Horton** in 14's 3000m walk.

The senior section of the All Schools saw our year 12 students competing at their last State Schools Championships. The most impressive of which was **Destiny McGoon** who bagged a massive 2 Gold and 2 Silver medals. It has been over 40 years since a Westfields female athlete has won the 19's sprint double (100m & 200m). Destiny ran her 2nd best time ever in winning the 100m into a headwind. Then in the 200m she p.b.'d into another headwind. Adding a Silver in Long jump and another Silver medal in 400m hurdles, Destiny produced one of the finest overall performances in Westfields' History.



Rashid Kabba also competing in his last NSW All Schools was brilliant in running two World Junior Qualifying times in 110m Hurdles and 200m. Particularly the 200m where he ran a p.b. of 21.31 seconds.

At this moment (mid October) Rashid has already been selected for the Australian U20 relay training squad for the 2024 World Under 20 Championships.

Kunal Menon surprised even himself when he won his first ever State Title taking Gold in the U18 110m hurdles. **Molly Goetz**, coming off a 2 month rest from training and competition, won both Discus throw and Hammer throw. Her p.b. performance in the Hammer became the leading Junior (U20) throw in Australia all this year.



Full Results:

Alexia Mathison	G12	100m	13.84 (-1.6) 7th heat	13.92 (-0.6)	9th
Alexia Mathison	G12	200m	28.44 (0.0) 6th heat	28.36 (1.6)	8th
Alexia Mathison	G12	80m hurdles		12.68 (-1.7)	Gold
Evanjaline McGoon	G12	100m	14.00 (-2.9) 9th heat	14.06 (-0.6)	10th
Evanjaline McGoon	G12	80m hurdles		13.76 (-1.7)	4th
Evanjaline McGoon	G12	High jump		1.30	6th
Evanjaline McGoon	G12	Long jump		4.43 (1.3)	5th
Ruby Rose Talbot	G14	100m	14.05 (-1.5) 37th heat	13.76 (-1.7)	
Ruby Rose Talbot	G14	200m hurdles		36.82 (-1.0)	11th
Ruby Rose Talbot	G14	Long jump		4.25	30th
Ruby Rose Talbot	G14	Triple jump		8.74 (-1.9)	17th
Isabella Baptist	G14	400m	1.06.30 19th heat		
Isabella Baptist	G14	800m	2.41.46 19th heat		
Isabella Muc	G14	1500m	5.04.04		8th
Isabella Muc	G14	3000m	11.15.28 16th		
Isabella Muc	G14	2000m Steeple chase	7.47.07		Bronze
Amelia Darek	G14	Pole vault		2.25	Gold
Amelia Darek	G14	Hammer		38.44	Silver
Maddison Kernaghan	G15	Hammer		47.85	Bronze
Maddison Kernaghan	G15	Javelin		29.81	5th
Khalil Ogle	B12	800m	2.19.42		Silver
Khalil Ogle	B12	1500m	4.48.45		Silver
Michael Mathison	B12	3000m walk	17.22.11		Gold
Michael Mathison	B12	Shot put		5.56	12th
Michael Mathison	B12	Discus	22.09 9th		
Jayden Todoroski	B13	100m	12.28 (-2.3) 3rd heat	11.61 (-0.7)	Gold
Jayden Todoroski	B13	200m	23.71 (0.8) 2nd heat	23.31 (-0.5)	Gold
Akeem Kabba	B13	100m	13.70 (-1.5) 35th heat		
Akeem Kabba	B13	90m hurdles	14.42 (-2.8) 4th heat	14.01 (-0.7)	7th
Akeem Kabba	B13	Long jump		4.49 (4.2)	16th
Shea Cassilles	B13	800m	2.17.54 11th heat		
Shea Cassilles	B13	1500m	4.40.21		9th
Koben Best	B14	100m	12.20 (-1.4) 11th heat	12.26 (-1.2)	
Koben Best	B14	200m	25.13 (-1.6) 23rd heat		
Koben Best	B14	100m hurdles	14.85 (-0.7) 4th heat	14.90 (-1.8)	4th
Kaben Best	B14	Long jump		5.65 (0.2)	5th
Bronson Bzadough	B14	100m	12.26 (-1.2) 14th heat		
Bronson Bzadough	B14	200m	24.44 (-0.9) 11th heat		
Bronson Bzadough	B14	400m	56.47 14th heat		
Bronson Bzadough	B14	Long jump		5.39 (-0.2)	8th
Fuinelakei Aukafolau	B15	100m	12.33 (2.0) 27th heat		
Fuinelakei Aukafolau	B15	100m hurdles	14.61 (-0.3) 4th heat	14.25 (-0.3)	4th

Fuinelakei Aukafolau	B15	200m hurdles		28.53 (1.3)	6th
Jaxson Horton	B14	800m	2.16.51 15th heat		
Jaxson Horton	B14	1500m	4.53.05 27th heat		
Jaxson Horton	B14	3000m walk	15.49.94		Gold
Jaxson Horton	B14	Discus	31.12 13th		
Benjamin Westwood	B14	1500m	4.59.65 32nd heat		
Benjamin Westwood	B14	2000m Steeple chase	7.24.54 13th		
Jayden Tran	B14	Discus	32.86 11th		
Benjamin Long	B15	800m	2.05.14 12th heat		
Benjamin Long	B15	1500m	4.45.86 27th heat		
Bailey Latanis	B16	110m hurdles	16.12 (-1.2) 2nd heat	15.77 (0.0)	4th
Bailey Latanis	B16	400m hurdles		58.48	4th
Bailey Latanis	B16	Shot Put		13.19	8th
Kunal Menon	B17	100m	11.86 (-0.3) 5th heat		
Kunal Menon	B17	200m	23.57 (0.8) 7th heat		
Kunal Menon	B17	110m hurdles		14.72 (0.7)	Gold
Emillio Martinez	B17	Discus		44.72	8th
Adam Arduin	B17	Javelin		46.42	4th
Rashid Kabba	B19	100m	10.88 (0.1) 2nd heat	10.85 (-0.4)	Silver
Rashid Kabba	B19	200m	22.13 (0.9) 1st heat	21.31 (0.6)	Gold
Rashid Kabba	B19	110m hurdles		14.29 (1.9)	Silver
Destiny McGoon	G19	100m		12.66 (-1.0)	Gold
Destiny McGoon	G19	200m		25.64 (-0.4)	Gold
Destiny McGoon	G19	400m hurdles		68.11	Silver
Destiny McGoon	G19	Long Jump		5.39 (0.1)	Silver
Olivia Pyda	G17	400m hurdles		76.78	7th
Molly Goetz	G19	Discus		38.98	Gold
Molly Goetz	G19	Hammer Throw		51.31	Gold